

Invitation

Hjørring Orienteringsklub Vendelboerne

**Hjørring Orienteringsklub, Vendelboerne,
hereby has the pleasure of inviting you to Nordjysk 2-Dages:
Saturday March 10th in Tolne Skov, and
Sunday March 11th in Tversted Klitplantage.**

On Friday March 9th there will be training courses in Ålbæk Klitplantage

Classification:

C-event ** with elite courses.**

Saturday: Long distance

Sunday: Medium distance

NB. The two runs are separate events, which can be seen from the application sheet. If you want to participate one of the days only, please state this in the box marked "Bemærkninger"

Shower and changing facilities:

Saturday runners will have to resort to the "wet flannel" method. Sunday, we offer shower and changing facilities at BTI's clubhouse at Fælledvej at Tversted, marking the route 597 east of Tversted.

There will be no event center.

Event office, results boards plus presentation of prizes each day on assembly area.

Assembly area:

Saturday March 10th 2012 on the green by Tolne Skovpavillon, Bakkevej 65, Tolne.
 Sunday March 11th 2012 in Tversted Klitplantage. Signs on road 597, by Plantørvej.

Maps:

Saturday March 10th Tolne Skov revised 2011.
 Sunday March 11th, Tversted Klitplantage, revised 2011.
 Contours 2,5 m., scale 1:10 000.
 Control descriptions: IOF-symbols
 Printed maps

Terrains

Tolne Skov is of varied density and plantation and several open heather and gras areas. The terrain is hilly.

Tversted Klitplantage consists of an area of dunes to the north and a plantation to the south , consisting mainly of coniferous wood with generally easy runability. There are some areas with difficult runability. The central part of the plantation is characterized by inland dunes with many contour details.

Classes:

D = Women's courses

H = Men's courses

Classes	Distances: Saturday/Sunday		Classes	Distances: Saturday/Sunday	
D-10A	ca. 2,5/2,5 km.	Beginner	H-10A	ca. 2,5/2,5 km.	Beginner
D-10B	ca. 2,5/2,5 km.	Beginner	H-10B	ca. 2,5/2,5 km.	Beginner
D-12A	ca. 3,5/3 km.	easy	H-12A	ca. 3,5/3 km.	easy
D-12B	ca. 2,5/2,5 km.	beginner	H-12B	ca. 2,5/2,5 km.	beginner
D-14A	ca. 4,5/4 km.	medium	H-14A	ca. 5/4 km.	medium
D-14B	ca. 3/2,4 km.	easy	H-14B	ca. 3/2,4 km.	easy
D-16A	ca. 5,5/3,5 km.	difficult	H-16A	ca. 7/5 km.	difficult
D-16AK	ca. 4/3 km.	difficult	H-16AK	ca. 5,5/4,5 km.	difficult
D-16B	ca. 3,5/3 km.	medium	H-16B	ca. 4,5/4 km.	medium
D-18A	ca. 5,5/3,5 km.	difficult	H-18A	ca. 9/4,5 km	difficult
D-20A	ca. 5,5/3,5 km.	difficult	H-20E	ca. 10/5,5 km.	difficult
D-20E	ca. 6,5/4 km.	difficult	H-20A	ca. 9,5/5 km	difficult
D-20AK	ca. 5/3 km.	difficult	H-20AM	ca. 6,5/5 km	difficult
D-20B	ca. 3,5/3 km	medium	H-20B	ca. 4,5/4 km.	medium
D-20C	ca. 3/2,4 km.	easy	H-20C	ca. 4/2,4 km.	easy
D21E	ca. 8/4,5 km.	difficult	H21E	ca. 12/6 km.	difficult
D21A	ca. 6,5/4 km.	difficult	H21A	ca. 10/5,5 km.	difficult

D21AK	ca. 5/3 km.	difficult	H21AM	ca. 8/5,5 km.	difficult
D21B	ca. 3,5/3 km.	medium	H21AK	ca. 6,5/5 km.	difficult
D21C	ca. 3/2,4 km.	difficult	H21B	ca. 6/4 km.	medium
D35A	ca. 6,5/4,0 km.	difficult	H21C	ca. 4/3 km.	easy
D35B	ca. 3,5/3 km.	medium	H35A	ca. 9,5/5 km.	difficult
D40A	ca. 5,5/4,0 km.	difficult	H35B	ca. 4,5/3,6 km.	medium
D45A	ca. 5,5/4,0 km.	difficult	H40A	ca. 9/5 km.	difficult
D45B	c. 4,0/3,2 km.	medium			
D50A	ca. 4/3,5 km.	difficult	H45A	ca. 8/5 km.	difficult
D55A	ca. 4/3,5 km.	difficult	H45AK	ca. 4/3,5 km.	difficult
D60A	ca. 3,5/3 km.	difficult	H50A	ca. 7/4,5 km.	difficult
D65A	ca. 3,5/3 km.	difficult	H55A	ca. 7/4,5 km.	difficult
D70A	ca. 2,5/2,2 km.	difficult	H55AK	ca. 3,5/3 km.	difficult
D75A	ca. 2,5/2,2 km.	difficult	H60A	ca. 5,5/4 km.	difficult
Beg1	ca. 4/3 km.	beginner	H65A	ca. 5/4 km.	difficult
Beg2	ca. 2,5/2,5 km.	beginner	H70A	ca. 4/3,5 km.	difficult
			H75A	ca. 3,5/3,5 km.	difficult
			H80A	ca. 2,5/2,5 km.	difficult
			H85A	ca. 2,5/2,5 km.	difficult

Classes D-10A, D-10B, D12B, H-10A, H-10B, H-12B, Beg1 and Beg2, have optional start times, which means that start time is arranged with start officials .

Children's courses: Free, waymarked courses from 30 min. before first start and 2½ hours on. Look for tent signed "Børnebane" on assembly area.

Late entries: Not accepted. Instead there will be the following open courses::

- o Open 1 ca. 7/5,6 km. difficult,
- o Open 2 ca. 3,5/2,8 km. difficult,
- o Open 3 ca. 4/3,2 km. medium,
- o Open 4 ca. 3/2,4 km. easy,
- o Open 5 ca. 2/2 km. beginner,

Open courses can be bought o in the kiosk tent . n assembly area from 1. start of the day and 2 hours on Look for sign saying " Åbne baner".

Punching system:

- Electronic, using EMIT system. Rented e-cards are handed out at start and must be handed in at finish on the last day. Competitors with own e-cards are requested to see to it that their e-card can be easily identified as belonging to them.

Assembly area:

Saturday Tolne Skov. Distance from parking to assembly area approximately 5-800 m. Coaches may be parked at assembly area depending on the weather conditions. Start and finish at assembly area. First start 12 o'clock.

Sunday in Tversted Klitplantage. Distance from parking to assembly area approximately 800 m. Coaches on parking lot by the ponds (Tversted Søerne) 800 to 1000 m from assembly area. Distance from assembly area to start approximately 500 m. First start 08.30 am

Norwegian and Swedish runners who are catching a ferry on Sunday are kindly requested to state which ferry they mean to go on (harbour and time) when sending the entry form and they will be assigned early starts on Sunday if need be.

Children's activities:

Both days on assembly area. Book on entry form, stating number and age. If after all you do not need this service after having booked, please let us know.

Accommodation:

For instance Skallerup Klit, Ålbæk Gl. Kro, Skagen Strand og Tannishus, see links on [website](#). Assistance may be obtained from the local tourist information centers see: <http://www.toppenafdanmark.dk/>

Entry:

- **In clubs. No later than February 24th.**

Danish clubs: O-service.

Foreign clubs: On-line entry (On-line Tilmelding.)

- To minimize problems with electronic communication runners will be entered in same class on both days. It is, however, still possible to participate in one event only.

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Fees: Must be paid on entry.

- H/D-20 - per day: DKK. 75.00 (open courses: DKK. 90.00).
- H/D21- per day: DKK. 100.00 (open courses: DKK. 120.00).
- e-card rental: DKK 15.00

- Danish competitors must pay into **konto nr. 9002 4565201897**
- Foreign competitors are requested to use the following account:
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Sparnord Bank ibannummer **DK1090024565201897**

SWIFT-BIC: SPNODK22

- **Hjørring Orienteringsklub Vendelboerne**
 - **c/o Henrik Ibsen**
 - **Perikumvej 4**
 - **9800 Hjørring**
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 - **Payers must carry all expenses connected with the transactions.**
 - **Entry is only accepted after fees have been paid.**
 - **All sums are payable in the Danish currency (DKK).**
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- We shall have to charge DKK 400.00 for lost e-cards.

Prizes:

- In both events there will be prizes for children and young people under 17.
Prize presentation on assembly area.

Prizes will not be forwarded by post.

Kiosk: There will be a well assorted kiosk on assembly area

Information:

Can be obtained from event organizer Mogens Christensen, Firkløvervej 4, DK 9800 Hjørring, tlf.: +45 9891 1040, mobil: +45 2338 1113 or E-mail: info2012@nordjysk2dages.dk or on our website www.nordjysk2dages.dk.

Startlists and instruction on the above mentioned web-site from Tuesday March 6th.

Results: In assembly area. Final results on web-site

Training:

In Ålbæk Klitplantage Friday March 9th 2012. Signs on road 597 by Nr. Gårbovej and road 40 in Ålbæk village.

Fee pr map DKK 40,00. To be paid on entering

Start between 09.00 and 16.00

Further information can be obtained from

Peter Arildsen, Ths. Smeds Vej 7, DK-9800 Hjørring, tlf. +45 9892 6679, mobil tlf: +45 2147 2476
E.mail peter@arildsen.dk, on **March 3rd**.

Event managers:

Event organizers: Mogens Christensen, Hjørring OK Vendelboerne.

Event controllers: Helle and Kirsten Bobach, Aalborg OK.

Course planners: Tolne Skov Finn Hørup og Erik Pedersen, OK Vendelboerne: Course
Controller Tolne Skov Bent Skjoldborg, OK Vendelboerne.

Course planners: Tversted Klitplantage Åse Møl og Kjeld Arildsen, OK Vendelboerne.

Course controllers Tversted Klitplantage : Svend Brøns Pedersen, OK Vendelboerne.

Course planners Ålbæk: Peter and Vivi Arildsen and Åge Thomsen.