

# Resultatliste

NJ2D 2025 Lang Lørdag

Vester Thorup 15-03-2025

Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>Beg</b>		<b>2,775 KM</b>				
1	Tabitha Torgersen	Oddersjaa SSK		<b>28:21</b>		10:12
2	Ulrik Rakkestad Gangsø	Eiker o-lag		<b>29:18</b>	00:57	10:33
3	Eva Amalie Larsen Hovi	Skien OK		<b>32:57</b>	04:36	11:52
4	Ada Berg Festervoll	Kristiansand OK		<b>35:46</b>	07:25	12:53
5	Lisa Vervoorn	Eiker o-lag		<b>45:11</b>	16:50	16:16
6	Kaja Larsen Hovi	Skien OK		<b>45:37</b>	17:16	16:26
7	Thomas Vervoorn	Eiker o-lag		<b>48:35</b>	20:14	17:30
Antall	7	Påmeldte: 7	Startende: 7		Ant. poster 12	

<b>D-10A</b>		<b>2,775 KM</b>				
1	Iben Holte	Skien OK		<b>29:09</b>		10:30
2	Pauline Holtskog-feremans	Skien OK		<b>29:17</b>	00:08	10:33
3	Tiril Agne the Brynildsen	Eiker o-lag		<b>33:27</b>	04:18	12:03
Antall	3	Påmeldte: 3	Startende: 3		Ant. poster 12	Premier: 3

<b>D-10B</b>		<b>2,1 KM</b>				
1	Maja Skouenborg	OK Snab		<b>14:01</b>		06:40
2	Amalie Meihack	Sandne s IL - Rogaland		<b>14:45</b>	00:44	07:01
3	Sara Omdal	IL Vindbjart		<b>16:32</b>	02:31	07:52
4	Ingebjørg Soleng	Sandne s IL - Rogaland		<b>16:34</b>	02:33	07:53
5	Ida Damkjær Thorsen	OK Snab		<b>17:11</b>	03:10	08:10
6	Elvira McGrail	Silkeborg OK		<b>17:44</b>	03:43	08:26
7	Nanna Rosenkilde Christensen	Silkeborg OK		<b>18:11</b>	04:10	08:39
8	Lusia Anna Uscinska-Brynlund	Sandne s IL - Rogaland		<b>19:00</b>	04:59	09:02
9	Gro Skovmand Møller	OK Snab		<b>19:11</b>	05:10	09:08
10	Ingrid Berg Festervoll	Kristiansand OK		<b>19:58</b>	05:57	09:30
11	Ella Fidjeland	Birkene s IL		<b>20:24</b>	06:23	09:42
12	Sigrun Jondahl	Porsgrunn OL		<b>21:00</b>	06:59	10:00
13	Olivia Bøen Reigstad	Porsgrunn OL		<b>21:03</b>	07:02	10:01
14	Frøya Halsne	Stavanger		<b>21:04</b>	07:03	10:01
15	Ella Laurendz	OK Moss		<b>21:12</b>	07:11	10:05
16	Erle Wathne	Sandne s IL - Rogaland		<b>22:35</b>	08:34	10:45
17	Ellinor Skogen	Notodden o-lag		<b>28:49</b>	14:48	13:43
18	Ella Johanne Sauve	IF Sturla		<b>29:10</b>	15:09	13:53
19	Charlotte Tørå	Kristiansand OK		<b>29:12</b>	15:11	13:54
20	Eirin Thygesen Alvestad	IK Grane Arendal		<b>29:32</b>	15:31	14:03
21	Amalie Kleven Gusfre	OK Skeidi		<b>30:45</b>	16:44	14:38
22	Mille Reiche Sørensen	OK Vendelboerne		<b>35:11</b>	21:10	16:45
23	Oda Glende Stormoen	Birkene s IL		<b>43:14</b>	29:13	20:35
DSQ	Mathilde Westerlund Hokholt	Haugesund Idrettslag		<b>34:22</b>		DSQ Missed 217
DSQ	Lykke Alexandra Kvala	Haugesund Idrettslag		<b>41:14</b>		DSQ Missed 217
Antall	25	Påmeldte: 25	Startende: 25		Ant. poster 9	Premier: 3

<b>D-12A</b>		<b>3,4 KM</b>				
1	Vilma Holte Fjeldstad	Porsgrunn OL		<b>22:34</b>		06:38
2	Tuva Kroken	IF Sturla		<b>23:24</b>	00:50	06:52
3	Anne Aarhus Kinn	Porsgrunn OL		<b>25:21</b>	02:47	07:27
4	Lærke Skammelsen Gilleladen	OK Pan		<b>26:48</b>	04:14	07:52
5	Mille Rakkestad Gangsø	Eiker o-lag		<b>28:56</b>	06:22	08:30

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D-12A</b>		<b>3,4 KM</b>				
6	Vilje Hilleren	Eiker o-lag		<b>30:05</b>	07:31	08:50
7	Hedda Halsne	Stavanger		<b>31:02</b>	08:28	09:07
8	Marte Gulliksen	Eiker o-lag		<b>35:47</b>	13:13	10:31
9	Ene a Stykket Blomhaugen	Notodden o-lag		<b>42:44</b>	20:10	12:34
10	Sofie Kornstad	Notodden o-lag		<b>42:49</b>	20:15	12:35
11	Sara Møkjåland	IL Vindbjart		<b>48:15</b>	25:41	14:11
12	Nora Dahl Borkamo	Notodden o-lag		<b>49:22</b>	26:48	14:31
DSQ	Ylva Teigen Staib	IF Sturla		<b>27:56</b>		DSQ Missed 207
Antall	13	Påmeldte: 14	Startende: 13	Ant. poster 14		Premier: 3

<b>D-12B</b>		<b>2,8 KM</b>				
1	Amanda Hildebrandt	IL Vindbjart		<b>19:21</b>		06:54
2	Hanna Jondahl	Porsgrunn OL		<b>19:48</b>	00:27	07:04
3	Eva Myhrene Kløvstad	Sandne s IL - Rogaland		<b>20:07</b>	00:46	07:11
4	Silja Baksaas Franche	Porsgrunn OL		<b>20:48</b>	01:27	07:25
5	Liva Wathne	Sandne s IL - Rogaland		<b>21:44</b>	02:23	07:45
6	Signe Mølgaard Mogensen	Mariager Fjord OK		<b>22:31</b>	03:10	08:02
7	Sofie Bøen	Kristiansand OK		<b>23:19</b>	03:58	08:19
8	Astrid Vehusheia Andersen	Birkene s IL		<b>23:26</b>	04:05	08:22
9	Matilda Helgemo	Kristiansand OK		<b>23:29</b>	04:08	08:23
10	Mari Orr Askland	Kristiansand OK		<b>24:29</b>	05:08	08:44
11	Celina Geelmuyden Ribe	Kristiansand OK		<b>24:36</b>	05:15	08:47
12	Alma Laurendz	OK Moss		<b>28:26</b>	09:05	10:09
13	Henriette Laastad	Sandne s IL - Rogaland		<b>28:33</b>	09:12	10:11
14	Johanna Sætre Færevåg	Haugesund Idrettslag		<b>34:16</b>	14:55	12:14
15	Ellen Kvala	Haugesund Idrettslag		<b>40:18</b>	20:57	14:23
16	Ragna Lundø-Fuglseth	Haugesund Idrettslag		<b>41:03</b>	21:42	14:39
17	Lilly Olivia Davidsen	OK Moss		<b>42:48</b>	23:27	15:17
Antall	17	Påmeldte: 17	Startende: 17	Ant. poster 13		Premier: 3

<b>D-14A</b>		<b>3,9 KM</b>				
1	Ingrid Aarhus Kinn	Porsgrunn OL		<b>29:42</b>		07:36
2	Marie Fjordside Pagh	OK Snab		<b>34:14</b>	04:32	08:46
3	Ida Marie Sigvardt	Odense OK		<b>36:33</b>	06:51	09:22
4	Astrid Lykke Nielsen	Horsens OK		<b>37:16</b>	07:34	09:33
5	Jemima Dalglish	Stavanger		<b>49:28</b>	19:46	12:41
6	Ester Garpe	Stavanger		<b>54:22</b>	24:40	13:56
7	Ingeborg Marie Bjørgum-	Eiker o-lag		<b>54:50</b>	25:08	14:03
8	Frida Lund	IF Sturla		<b>59:29</b>	29:47	15:15
9	Mari Gulliksen	Eiker o-lag		<b>1:00:08</b>	30:26	15:25
10	Frida Lovisa Palmfeldt	OK Pan		<b>1:02:16</b>	32:34	15:57
11	Sanna Kalsås	Kristiansand OK		<b>1:02:26</b>	32:44	16:00
12	Ine Thingbø	Sandne s IL - Rogaland		<b>1:02:59</b>	33:17	16:08
13	Frida Richter	Sandne s IL - Rogaland		<b>1:03:01</b>	33:19	16:09
14	Tuva Dahl Borkamo	Notodden o-lag		<b>1:05:34</b>	35:52	16:48
15	Clara R. Christensen	Silkeborg OK		<b>1:09:12</b>	39:30	17:44
16	Ingrid Sveen	Haugesund Idrettslag		<b>1:10:55</b>	41:13	18:11
17	Eline Pedersen	OK Moss		<b>2:01:42</b>	1:32:00	31:12
DSQ	Pernille Utne Røstøen	Asker Skiklubb		<b>2:40:27</b>		DSQ250 for 213
DSQ	Olivia Heelan	Asker Skiklubb		<b>2:40:39</b>		DSQ250 for 213
Antall	19	Påmeldte: 20	Startende: 19	Ant. poster 16		Premier: 3

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D-14B</b>		<b>3,25 KM</b>				
1	Ella Orr Askland	Kristiansand OK		<b>26:31</b>		08:09
2	Nelly Soleng	Sandne s IL - Rogaland		<b>26:48</b>	00:17	08:14
3	Liv Johanne ssen	Kristiansand OK		<b>27:17</b>	00:46	08:23
4	Lykke Selne s	Kristiansand OK		<b>27:39</b>	01:08	08:30
5	Lynn Bakir	Notodden o-lag		<b>28:23</b>	01:52	08:44
6	Eira Mork	Notodden o-lag		<b>28:28</b>	01:57	08:45
7	Artisha Wongdee Lind	Ballerup OK		<b>28:44</b>	02:13	08:50
7	Eira Zürcher-grette	Eiker o-lag		<b>28:44</b>	02:13	08:50
9	Linne a Kvala	Haugesund Idrettslag		<b>29:36</b>	03:05	09:06
9	Anne Sigrid Øye Rossebø	Haugesund Idrettslag		<b>29:36</b>	03:05	09:06
11	Kaja Stokkeland	Kristiansand OK		<b>31:20</b>	04:49	09:38
12	Ida Mølgaard Mogensen	Mariager Fjord OK		<b>32:49</b>	06:18	10:05
13	Molly Raugland	IF Sturla		<b>32:57</b>	06:26	10:08
14	Marte Wold Sunde	Søgne og Songdalen ok		<b>34:27</b>	07:56	10:36
15	Leonora Hildebrandt	IL Vindbjart		<b>40:27</b>	13:56	12:26
16	Linde Mathea Sjølyst-Kverne	Sandne s IL - Rogaland		<b>40:56</b>	14:25	12:35
17	Thora Alexandra Brynildsen	Eiker o-lag		<b>48:50</b>	22:19	15:01
18	Anne Ringvoll	IK Grane Arendal		<b>49:02</b>	22:31	15:05
DSQ	Tove Filippa Hauge-Iversen	IF Sturla		<b>22:17</b>		DSQ Missed 199
DSQ	Lilly Marie Tellne s	Asker Skiklubb		<b>2:22:05</b>		DSQ Missed 205
Antall	20	Påmeldte: 22	Startende: 20	Ant. poster 14		Premier: 3

<b>D-16A</b>		<b>3,65 KM</b>				
1	Ragnhild Øhlenschlæger	Silkeborg OK		<b>41:54</b>		11:28
2	Nila Hilleren	Eiker o-lag		<b>46:08</b>	04:14	12:38
3	Ingrid Hovdenak Espedal	Asker Skiklubb		<b>48:10</b>	06:16	13:11
4	Kille Beuchert	OK Pan		<b>49:24</b>	07:30	13:32
5	Nora Nathalie Elvekrok	Eiker o-lag		<b>49:46</b>	07:52	13:38
6	Jenny Hovdenak Holmes	Eiker o-lag		<b>50:13</b>	08:19	13:45
7	Krista Lervad Lundø	Horsens OK		<b>50:18</b>	08:24	13:46
8	Asta Kaltroft	OK Pan		<b>1:00:59</b>	19:05	16:42
9	Kristine Lundemoen	Kristiansand OK		<b>1:07:32</b>	25:38	18:30
10	Serina Sne rthammer	Kristiansand OK		<b>1:11:26</b>	29:32	19:34
11	Martine Røkeberg	Eiker o-lag		<b>1:23:47</b>	41:53	22:57
12	Line Zürcher-grette	Eiker o-lag		<b>1:32:03</b>	50:09	25:13
DSQ	Lea Stokkeland	Ålgård Orientering		<b>29:53</b>		DSQ
Antall	13	Påmeldte: 16	Startende: 13	Ant. poster 10		Premier: 3

<b>D-16B</b>		<b>2,725 KM</b>				
1	Maja Othelie K. Huva	Notodden o-lag		<b>45:09</b>		16:34
2	Malin Eikeland	Kristiansand OK		<b>49:13</b>	04:04	18:03
3	Maise Blume	Stavanger		<b>49:41</b>	04:32	18:13
Antall	3	Påmeldte: 5	Startende: 3	Ant. poster 12		Premier: 3

<b>D-20A</b>		<b>3,925 KM</b>				
1	Cathrine Sogn	Notodden o-lag		<b>54:52</b>		13:58
2	Miriam Sveen	Haugesund Idrettslag		<b>1:03:12</b>	08:20	16:06
3	Freja Vest Nielsen	Søllerød OK		<b>1:07:02</b>	12:10	17:04
4	Daniella Gjone	Sandefjord		<b>1:09:47</b>	14:55	17:46

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D-20A</b>						
		<b>3,925 KM</b>				
5	Othilie Sødal	Kristiansand OK		<b>1:11:51</b>	16:59	18:18
6	Tuva Aurebekk Udø	Torridal il		<b>1:13:58</b>	19:06	18:50
7	Anna Værvågen Gjestrud	Notodden o-lag		<b>1:15:48</b>	20:56	19:18
7	Vilde Aakre Leistad	Skien OK		<b>1:15:48</b>	20:56	19:18
9	Fiona Palsgaard	Søllerød OK		<b>1:18:27</b>	23:35	19:59
DSQ	Gina Cotanas Hagelia	IK Grane Arendal		<b>1:10:58</b>		DSQ100 for 177
DSQ	Kirstine Ø Osmundsen	OK Vendelboerne		<b>2:08:06</b>		DSQ250 for 244
Antall	11	Påmeldte: 11	Startende: 11	Ant. poster 11		Premier: 3
<b>D-20AK</b>						
		<b>2,35 KM</b>				
1	Mathilde Bobach	OK Pan		<b>27:14</b>		11:35
2	Helene Pfluger Hundeide	Sandne s IL - Rogaland		<b>42:58</b>	15:44	18:17
3	Sofie Vaktal	Sandne s IL - Rogaland		<b>1:14:39</b>	47:25	31:45
Antall	3	Påmeldte: 3	Startende: 3	Ant. poster 10		
<b>D-20B</b>						
		<b>2,75 KM</b>				
1	Lillian Fogt Sundelin	Notodden o-lag		<b>44:58</b>		16:21
Antall	1	Påmeldte: 1	Startende: 1	Ant. poster 12		
<b>D-20C</b>						
		<b>3,4 KM</b>				
1	Tilda Kindlund	OK TYR		<b>41:33</b>		12:13
2	Trine Hardang	Notodden o-lag		<b>49:48</b>	08:15	14:38
Antall	2	Påmeldte: 2	Startende: 2	Ant. poster 14		
<b>D-20E</b>						
		<b>5,45 KM</b>				
1	Wilma Jonsson	OK TYR		<b>59:07</b>		10:50
2	Sigrid Øhlenschläger Nielsen	Silkeborg OK		<b>1:04:06</b>	04:59	11:45
3	Hatice Elif Kurt	IK Grane Arendal		<b>1:07:42</b>	08:35	12:25
4	Alva Christiansen	Sandne s IL - Rogaland		<b>1:08:13</b>	09:06	12:31
5	Mari Richter	Sandne s IL - Rogaland		<b>1:09:35</b>	10:28	12:46
6	Silje Ruud Fosshem	Asker Skiklubb		<b>1:16:20</b>	17:13	14:00
7	Lilja Lehtonen	SK Uusi		<b>1:18:21</b>	19:14	14:22
8	Juliette Holtskog-feremans	Skien OK		<b>1:23:06</b>	23:59	15:14
9	Astrid Juli Ytterbø	Asker Skiklubb		<b>1:35:30</b>	36:23	17:31
Antall	9	Påmeldte: 10	Startende: 9	Ant. poster 15		
<b>D21-A</b>						
		<b>5,075 KM</b>				
1	Ida Schwartz Bobach	OK Pan		<b>44:31</b>		08:46
2	Hanne Vassend	OK Linné		<b>49:06</b>	04:35	09:40
3	Anna Forsberg	Göteborg-Majorna OK		<b>50:24</b>	05:53	09:55
4	Astrid Gylling Hougaard	1900 Orientering		<b>59:41</b>	15:10	11:45
5	Astrid Skytte Kirkegaard	THOK		<b>1:03:34</b>	19:03	12:31
6	Pernille Buch	OK GORM		<b>1:03:54</b>	19:23	12:35
7	Maria Brodin	OK TYR		<b>1:05:21</b>	20:50	12:52
8	Linn M. Bjørnstad Waaler	Ås-NMBU Orientering		<b>1:05:37</b>	21:06	12:55
9	Rikke Rasmussen	OK Snab		<b>1:07:29</b>	22:58	13:17
10	Oda Isne s Tyse	Eiker o-lag		<b>1:08:44</b>	24:13	13:32

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<b>D21-A</b>		<b>5,075 KM</b>				
11	Alberte Karoline Thyssen	Horsens OK		<b>1:10:28</b>	25:57	13:53
12	Ita Klingenberg	Faaborg OK		<b>1:14:46</b>	30:15	14:43
13	Synne Fossøy	Alt er OK		<b>1:15:06</b>	30:35	14:47
14	Anita Hilleren	Eiker o-lag		<b>1:20:04</b>	35:33	15:46
15	Naja Knudsen	OK Snab		<b>1:20:48</b>	36:17	15:55
16	Hanna Johansson	Ås-NMBU Orientering		<b>1:23:52</b>	39:21	16:31
17	Agnete Horup	OK Pan		<b>1:24:44</b>	40:13	16:41
18	Amalie Ringvoll	IK Grane Arendal		<b>1:27:28</b>	42:57	17:14
19	Maria Bo Kølback	1900 Orientering		<b>1:28:34</b>	44:03	17:27
20	Silje Borge Hovi	Skien OK		<b>1:32:52</b>	48:21	18:17
21	Karin Hulgaard	OK73		<b>2:23:43</b>	1:39:12	28:19
Antall	21	Påmeldte: 22	Startende: 21		Ant. poster 14	
<b>D21-AK</b>		<b>3,175 KM</b>				
1	Randi Mork	Notodden o-lag		<b>40:26</b>		12:44
2	Signe Edsen	Nordvest OK		<b>40:42</b>	00:16	12:49
3	Christine Hoen	Eiker o-lag		<b>41:34</b>	01:08	13:05
4	Kristine Karlsrud Berg	Kristiansand OK		<b>43:11</b>	02:45	13:36
5	Rikke Stamp	OK Snab		<b>47:28</b>	07:02	14:57
6	Anne Marthe Peveri	Eiker o-lag		<b>52:35</b>	12:09	16:33
7	Anna Isnes s Tyse	Eiker o-lag		<b>59:41</b>	19:15	18:47
8	Kristina Isaksen	Hedrum Orienteringslag		<b>1:00:47</b>	20:21	19:08
9	Anna Skogen	Notodden o-lag		<b>1:01:39</b>	21:13	19:25
DSQ	Anne Blom	Mariager Fjord OK		<b>1:08:36</b>		DSQ Missed 144
Antall	10	Påmeldte: 12	Startende: 10		Ant. poster 11	
<b>D21-AM</b>		<b>4,1 KM</b>				
1	Una Glende Janson	Birkene s IL		<b>58:45</b>		14:19
2	Tomine Lysaker Sanden	Eiker o-lag		<b>1:04:55</b>	06:10	15:50
3	Anne Kaae-Nielsen	Søllerød OK		<b>1:32:07</b>	33:22	22:28
Antall	3	Påmeldte: 3	Startende: 3		Ant. poster 11	
<b>D21-B</b>		<b>3,9 KM</b>				
1	Randi Møller	IFS		<b>46:13</b>		11:51
2	Kerstin Kalsås	Kristiansand OK		<b>51:08</b>	04:55	13:06
3	Merilin Vahtra	Porsgrunn OL		<b>57:36</b>	11:23	14:46
4	Annette Kjeldsen	Horsens OK		<b>59:04</b>	12:51	15:08
5	Gitte Lervad Lundø	Horsens OK		<b>59:28</b>	13:15	15:14
6	Tina Kronborg Vallentin	Horsens OK		<b>1:19:20</b>	33:07	20:20
7	Jessica Vibeke Wienike	Karup OK		<b>1:19:46</b>	33:33	20:27
DSQ	Tove Jessen	Herning OK		<b>1:19:22</b>		DSQ Missed 197
Antall	8	Påmeldte: 8	Startende: 8		Ant. poster 16	
<b>D21-C</b>		<b>3,7 KM</b>				
1	Louise Skovmand	OK Snab		<b>29:38</b>		08:00
2	Ritva Halsne	Stavanger		<b>33:36</b>	03:58	09:04
3	Johanne Lahlum Hortman	Nordre Follo Orientering		<b>34:10</b>	04:32	09:14
4	Hildegunn Ruud Bøckman	Kristiansand OK		<b>34:39</b>	05:01	09:21

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D21-C</b>		<b>3,7 KM</b>				
5	Kristina Grødum Fidjeland	Birkene s IL		<b>36:53</b>	07:15	09:58
6	Else Irene Jacobsen Moe	Torridal il		<b>39:21</b>	09:43	10:38
7	Betina Bernholm Müller	OK Syd		<b>39:47</b>	10:09	10:45
8	Berit Løvgren	IL Express		<b>41:44</b>	12:06	11:16
9	Mette Javene s Flaa	Birkene s IL		<b>44:12</b>	14:34	11:56
10	Ingrid Løvgren	IL Express		<b>47:57</b>	18:19	12:57
11	Martina K. Nielsen	OK Syd		<b>48:58</b>	19:20	13:14
12	Irene Rasmussen	Viborg OK		<b>49:27</b>	19:49	13:21
13	Corinne Feremans	Skien OK		<b>49:33</b>	19:55	13:23
14	Bodil Thy	RSOK		<b>1:19:23</b>	49:45	21:27
15	Bente Hønnens	OK Syd		<b>1:42:29</b>	1:12:51	27:41
Antall	15	Påmeldte: 15	Startende: 15		Ant. poster 16	
<b>D21-E</b>		<b>7,575 KM</b>				
1	Caroline Gjøtterup	Faaborg OK		<b>1:06:48</b>		08:49
2	Alberte Kaae-Nielsen	Søllerød OK		<b>1:07:07</b>	00:19	08:51
3	Nina Falck Najbjerg	OK GORM		<b>1:23:57</b>	17:09	11:04
4	Maria Rørvik Haver	Ås-NMBU Orientering		<b>1:33:15</b>	26:27	12:18
5	Rebeka Vincze	Horsens OK		<b>2:22:55</b>	1:16:07	18:52
DSQ	Sigrid Høyer Staugaard	FIF Hillerød		<b>1:15:49</b>		DSQ Missed 155
DSQ	Johanna Hunstad	Ås-NMBU Orientering		<b>1:35:46</b>		DSQ
Antall	7	Påmeldte: 8	Startende: 7		Ant. poster 18	Premier: 3
<b>D35-A</b>		<b>4,425 KM</b>				
1	Bene dikte Wiig Bøen	Porsgrunn OL		<b>1:04:00</b>		14:27
2	Rikke Vide Markussen	Horsens OK		<b>1:10:01</b>	06:01	15:49
3	Susanne Kristensen	Herning OK		<b>1:17:04</b>	13:04	17:24
4	Astri Marie Remme Tresse	Porsgrunn OL		<b>1:18:14</b>	14:14	17:40
5	Ulla R. Pallesen	OK Syd		<b>1:18:35</b>	14:35	17:45
6	Helle Termansen	OK Syd		<b>1:32:43</b>	28:43	20:57
Antall	6	Påmeldte: 6	Startende: 6		Ant. poster 12	
<b>D35-B</b>		<b>3,475 KM</b>				
1	Hanne Gangsø	Eiker o-lag		<b>45:49</b>		13:11
2	Ingrid Vik Jondahl	Porsgrunn OL		<b>46:29</b>	00:40	13:22
3	Anne marieke Vervoorn	Eiker o-lag		<b>51:48</b>	05:59	14:54
4	Mette Wathne	Sandne s IL - Rogaland		<b>58:37</b>	12:48	16:52
5	Ann Charlotte Wall	Haugesund Idrettslag		<b>1:00:56</b>	15:07	17:32
6	Maria Edquist Skedsmo	OK Moss		<b>1:01:53</b>	16:04	17:48
7	Hanne Gulliksen	Eiker o-lag		<b>1:14:16</b>	28:27	21:22
DSQ	Rungtawan Wongdee	Ballerup OK		<b>1:43:22</b>		DSQ Missed 192
Antall	8	Påmeldte: 8	Startende: 8		Ant. poster 14	
<b>D40-A</b>		<b>4,4 KM</b>				
1	Tone Sne rthammer	Kristiansand OK		<b>52:47</b>		11:59
2	Karina Boen Skouenborg	OK Snab		<b>57:00</b>	04:13	12:57
3	Nina Huseby Løvhaug	Porsgrunn OL		<b>1:07:39</b>	14:52	15:22
4	Madli Hjermann	Haugesund Idrettslag		<b>1:11:49</b>	19:02	16:19

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D40-A 4,4 KM</b>						
5	Mette Møller Nielsen	AKIF		1:21:47	29:00	18:35
6	Janne Thygesen	IK Grane Arendal		1:23:53	31:06	19:03
7	Vibeke Wold Sunde	Søgne og Songdalen ok		1:27:27	34:40	19:52
8	Margrete Omdal Hildebrandt	IL Vindbjart		1:44:30	51:43	23:44
DSQ	Lene Alice Rudningen Wølne	Porsgrunn OL		2:05:14		DSQ Missed 137
Antall	9	Påmeldte: 9	Startende: 9	Ant. poster 11		
<b>D45-A 3,925 KM</b>						
1	Malin Jonsson	OK TYR		45:32		11:36
2	Irina Kupriyanova	Farum OK		48:59	03:27	12:28
3	Kari Aarhus Kinn	Porsgrunn OL		49:09	03:37	12:31
4	Marianne Lynge Krogh	Kolding OK		50:42	05:10	12:55
5	Stinne Skammelsen	OK Pan		55:30	09:58	14:08
6	Kamilla Kristensen	OK H.T.F.		1:09:45	24:13	17:46
7	Louise Bierkampf Gjørup	OK Snab		1:10:34	25:02	17:58
8	Marit Kleven	OK Skeidi		1:12:59	27:27	18:35
9	Marianne Teigen	IF Sturla		1:23:24	37:52	21:14
10	Torunn Omdal Stølen	IL Vindbjart		1:28:56	43:24	22:39
11	Veslemøy Værvågen	Notodden o-lag		1:44:04	58:32	26:30
Antall	11	Påmeldte: 12	Startende: 11	Ant. poster 11		
<b>D45-AK 2,575 KM</b>						
1	Ragnhild Fridheim Richter	Sandne s IL - Rogaland		51:27		19:58
2	Anita Rostveit	OK Moss		53:37	02:10	20:49
3	Anne Carine Dahl Borkamo	Notodden o-lag		57:27	06:00	22:18
4	Adriana Eik	Kristiansand OK		1:52:41	1:01:14	43:45
DSQ	Thea Martinsen	Kongsberg O-lag		44:55		DSQ Missed 134
DSQ	Boyan Yuan Tørå	Kristiansand OK		2:07:50		DSQ Missed 134
Antall	6	Påmeldte: 6	Startende: 6	Ant. poster 10		
<b>D45-B 2,75 KM</b>						
1	Marianne Løken	OK Moss		40:01		14:33
2	Mari Fjærbu Åmdal	Kristiansand OK		41:41	01:40	15:09
3	Grete Kjeldsen	IF Sturla		44:44	04:43	16:16
4	Ingunn Gåsvær	Torridal il		46:27	06:26	16:53
5	Grete Thorsby	Eiker o-lag		47:31	07:30	17:16
6	Marit Sætre Færevåg	Haugesund Idrettslag		50:13	10:12	18:15
7	Mette Reiche Sørensen	OK Vendelboerne		55:52	15:51	20:18
8	Anita Lindtveit	IF Sturla		57:38	17:37	20:57
9	Ane tte Tolstad	Torridal il		59:10	19:09	21:30
10	Rikke Petersen	OK Vendelboerne		1:01:45	21:44	22:27
11	Anne Kari Birkeland	Birkene s IL		1:02:42	22:41	22:48
12	Anne Marie Ekeland	Oddersjaa SSK		1:05:14	25:13	23:43
13	Dorte Grinderslev	Horsens OK		1:05:29	25:28	23:48
14	Lene Næss Birkeland	Søgne og Songdalen ok		1:18:46	38:45	28:38
15	Elly Blom	Mariager Fjord OK		1:22:23	42:22	29:57
16	Katja Leibe Bergstedt	Markbygdens OK		1:24:10	44:09	30:36
17	Åse Aud Moldal Nyhus	Birkene s IL		2:13:19	1:33:18	48:28
DSQ	Inger Landsperg	THOK		1:19:36		DSQ Missed 212
Antall	18	Påmeldte: 19	Startende: 18	Ant. poster 12		

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D50-A</b>		<b>3,5 KM</b>				
1	Christine Mikkelsen	IK Grane Arendal		<b>39:51</b>		11:23
2	Sara Mathisen	Porsgrunn OL		<b>40:39</b>	00:48	11:36
3	Johanna Kindlund	OK TYR		<b>41:32</b>	01:41	11:52
4	Rikke Holm	Horsens OK		<b>42:42</b>	02:51	12:12
5	Gry Aakre	Skien OK		<b>50:15</b>	10:24	14:21
6	Anette Bagger Sørensen	Silkeborg OK		<b>52:01</b>	12:10	14:51
7	Janni Fischer	AS Feltsport		<b>52:19</b>	12:28	14:56
8	Stine Kaiser	IF Sturla		<b>52:52</b>	13:01	15:06
9	Diana Cederberg	Ballerup OK		<b>57:11</b>	17:20	16:20
10	Gitte R. Christoffersen	Svendborg OK		<b>1:01:01</b>	21:10	17:26
11	Hanne Wold	OK Moss		<b>1:01:03</b>	21:12	17:26
12	Anette Pind	Silkeborg OK		<b>1:01:27</b>	21:36	17:33
13	Tanja Instane s	IF Sturla		<b>1:01:48</b>	21:57	17:39
14	Grethe Paulsen Vie	Haugesund Idrettslag		<b>1:10:19</b>	30:28	20:05
15	Charlotte Vibeke Olesen	Karup OK		<b>1:20:54</b>	41:03	23:06
16	Nina Jacobsen	Silkeborg OK		<b>1:25:05</b>	45:14	24:18
17	Marianne T. Hasholt	Allerød OK		<b>1:30:36</b>	50:45	25:53
18	Alexandra Wenne rstrand	Porsgrunn OL		<b>1:44:04</b>	1:04:13	29:44
19	Ethna Cavanagh	Faaborg OK		<b>1:45:20</b>	1:05:29	30:05
DSQ	Tenna L. Nørgaard	THOK		<b>32:10</b>		DSQ Missed 117
Antall	20	Påmeldte: 20	Startende: 20	Ant. poster 11		

<b>D55-A</b>		<b>3,375 KM</b>				
1	Ulrika Örnhausen Jørgensen	OK Snab		<b>33:50</b>		10:01
2	Jorun Ruud	Asker Skiklubb		<b>38:21</b>	04:31	11:21
3	Marianne Fruseth Christiansen	Tønsberg OL		<b>39:46</b>	05:56	11:46
4	Susanne Loft Thyssen	Horsens OK		<b>42:26</b>	08:36	12:34
5	Hilde Vassend	Porsgrunn OL		<b>42:28</b>	08:38	12:34
6	Britta Ank Pedersen	Horsens OK		<b>44:53</b>	11:03	13:17
7	Arnhild Ufsvatn Bråten	Vegårshei IL		<b>47:17</b>	13:27	14:00
8	Lone Knudsen	OK Snab		<b>47:28</b>	13:38	14:03
9	Susanne Maarup	Allerød OK		<b>48:22</b>	14:32	14:19
10	Kristin Kornmo	Porsgrunn OL		<b>48:49</b>	14:59	14:27
11	Lone Rasmussen	OK Snab		<b>49:00</b>	15:10	14:31
12	Kristin Sørensen	IF Sturla		<b>49:38</b>	15:48	14:42
13	Lene Bejer Damgaard	Viborg OK		<b>49:56</b>	16:06	14:47
14	Emma Smeland Nygårdseter	Vegårshei IL		<b>51:44</b>	17:54	15:19
15	Heidi L. Holmberg	FIF Hillerød		<b>52:55</b>	19:05	15:40
16	Katalin Bolko Kongstad	Odense OK		<b>54:00</b>	20:10	16:00
17	Aud Ellen Brevik	IF Sturla		<b>1:04:06</b>	30:16	18:59
18	Malene Kaysen Thomsen	OK Snab		<b>1:08:36</b>	34:46	20:19
19	Kirsten Hald Holdensen	OK Vendelboerne		<b>1:09:20</b>	35:30	20:32
20	Inger Aurebekk	Torridal il		<b>1:13:21</b>	39:31	21:44
21	Hanne Gylling	1900 Orientering		<b>1:18:45</b>	44:55	23:20
22	Mona Christiansen	OK Syd		<b>1:22:12</b>	48:22	24:21
23	Vibse Møller	IFS		<b>1:32:52</b>	59:02	27:30
24	Jytte Elsborg Jacobsen	OK Syd		<b>1:40:42</b>	1:06:52	29:50
25	Janne Larsen	Porsgrunn OL		<b>1:50:04</b>	1:16:14	32:36
DSQ	Mona Bakke	Porsgrunn OL		<b>06:15</b>		DSQ
DSQ	Ane tte Musum	Sandne s IL - Rogaland		<b>59:44</b>		DSQ Missed 157
Antall	27	Påmeldte: 28	Startende: 27	Ant. poster 10		



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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D55-AK</b>		<b>2,35 KM</b>				
1	Jorunn Aarrestad	Øyestad IF - Orientering		<b>44:25</b>		18:54
2	Eli Saterdal	Skien OK		<b>55:11</b>	10:46	23:28
3	Anja Modler Hedemann	Faaborg OK		<b>1:18:09</b>	33:44	33:15
Antall	3	Påmeldte: 5	Startende: 3	Ant. poster 10		
<b>D60-A</b>		<b>3,175 KM</b>				
1	Mette Filskov	OK Sorø		<b>45:40</b>		14:22
2	Lucia Aagaard	Herning OK		<b>46:48</b>	01:08	14:44
3	Annette Bonde	Ballerup OK		<b>48:39</b>	02:59	15:19
4	Bettina Gjedde	Mariager Fjord OK		<b>49:22</b>	03:42	15:32
5	Birgitte Halle	1900 Orientering		<b>49:39</b>	03:59	15:38
6	Mette Edsen	Nordvest OK		<b>50:29</b>	04:49	15:54
7	Heidi Schatvet	Notodden o-lag		<b>52:17</b>	06:37	16:28
8	Inga Jager	Silkeborg OK		<b>52:40</b>	07:00	16:35
9	Ann Elisabeth Gunnulfsen	Modum OL		<b>55:57</b>	10:17	17:37
10	Lene Stick Nielsen	Viborg OK		<b>59:57</b>	14:17	18:52
11	Ann Dissing	OK Vendelboerne		<b>1:00:53</b>	15:13	19:10
12	Inger Lise Simonsen	Silkeborg OK		<b>1:02:37</b>	16:57	19:43
13	Margrete Engzelius	Heggedal Orientering		<b>1:05:34</b>	19:54	20:39
14	Kirsten Møller	Søllerød OK		<b>1:08:35</b>	22:55	21:36
15	Tove Jakobsen	Silkeborg OK		<b>1:09:19</b>	23:39	21:49
16	Helle Schou	OK Snab		<b>1:09:58</b>	24:18	22:02
17	Anne-Marie Jensen	OK Syd		<b>1:13:15</b>	27:35	23:04
18	Helle Nikkel	Viborg OK		<b>1:21:46</b>	36:06	25:45
19	Helle Svenningsen	1900 Orientering		<b>1:29:33</b>	43:53	28:12
20	Solveig Topp	Randers OK		<b>1:36:05</b>	50:25	30:15
21	Ingrid Øxne vad	Ganddal IL		<b>1:37:17</b>	51:37	30:38
22	Anna-Grethe Najbjerg	OK GORM		<b>1:39:08</b>	53:28	31:13
DSQ	Susan Houmark Stub	PI-København		<b>40:09</b>		DSQ
DSQ	Ann-Vibeke Mose	Vestjysk		<b>1:11:52</b>		DSQ Missed 135
DSQ	Inger Andreasen	OK Melfar		<b>1:21:07</b>		DSQ Missed 162
Antall	25	Påmeldte: 27	Startende: 25	Ant. poster 11		
<b>D65-A</b>		<b>2,575 KM</b>				
1	Sirpa Lilja	Modum OL		<b>34:55</b>		13:33
2	Ayoe Berg	Odense OK		<b>41:34</b>	06:39	16:08
3	Grete Borge Hovi	Skien OK		<b>43:10</b>	08:15	16:45
4	Pia Hejlskov Mogensen	Mariager Fjord OK		<b>48:08</b>	13:13	18:41
5	Vivi Andreassen	Kolding OK		<b>48:29</b>	13:34	18:49
6	Inge Price Jensen	Odense OK		<b>52:33</b>	17:38	20:24
7	Hanne Ljungberg	OK Syd		<b>53:31</b>	18:36	20:46
8	Hanne Lyhne Jochumsen	OK Esbjerg		<b>54:04</b>	19:09	20:59
9	Susanne Karlshøj	Nordvest OK		<b>55:07</b>	20:12	21:24
10	Lone Marianne Jensen	Nordvest OK		<b>57:20</b>	22:25	22:15
11	Lise Nielsen	OK Melfar		<b>57:40</b>	22:45	22:23
12	Gitte Isen	Herning OK		<b>59:07</b>	24:12	22:57
13	Bodil Schulz	Herning OK		<b>1:01:18</b>	26:23	23:48
14	Pia Kadziola	Maribo OK		<b>1:03:57</b>	29:02	24:50
15	Hanne Møller Andersen	OK Pan		<b>1:04:49</b>	29:54	25:10
16	Eli Marie Wiig	Porsgrunn OL		<b>1:05:34</b>	30:39	25:27

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D65-A</b>		<b>2,575 KM</b>				
17	Karen Sieg	Horsens OK		<b>1:07:39</b>	32:44	26:16
18	Kerstin Aas	Porsgrunn OL		<b>1:16:06</b>	41:11	29:33
19	Annette Færing	Svendborg OK		<b>1:19:40</b>	44:45	30:56
20	Anne Karin Ribe	Søgne og Songdalen ok		<b>1:28:20</b>	53:25	34:18
21	Hanne Bak-Mikkelsen	OK Vendelboerne		<b>1:29:01</b>	54:06	34:34
DSQ	Inger K. Haavik	Haugesund Idrettslag		<b>1:00:47</b>		DSQ Missed 159
DSQ	Birgitte Bach	Viborg OK		<b>1:10:03</b>		DSQ Missed 117
DSQ	Eli Tufte Hanssen	Eiker o-lag		<b>1:15:10</b>		DSQ Missed 147
DSQ	Lene Kofoed Petersen	Horsens OK		<b>1:45:19</b>		DSQ Missed 134
DSQ	Britt Hermanrud	Silkeborg OK		<b>2:07:13</b>		DSQ Missed 134
Antall	26	Påmeldte: 26	Startende: 26		Ant. poster 10	

<b>D70-A</b>		<b>2,6 KM</b>				
1	Christine Edenbrandt	Malmö OK		<b>44:53</b>		17:15
2	Grethe Anæus	Viborg OK		<b>46:52</b>	01:59	18:01
3	Oddny Jørgensen	IK Grane Arendal		<b>48:04</b>	03:11	18:29
4	Unni Strand Karlsen	Fredrikstad Skiklubb		<b>52:44</b>	07:51	20:16
5	Maria Nordwall	OK Kolmården		<b>52:56</b>	08:03	20:21
6	Pia Gade	Viborg OK		<b>1:02:59</b>	18:06	24:13
7	Annlou Husen	Farum OK		<b>1:05:19</b>	20:26	25:07
8	Birte Sivebæk	1900 Orientering		<b>1:06:09</b>	21:16	25:26
9	Susanne Gasbjerg	Silkeborg OK		<b>1:10:30</b>	25:37	27:06
10	Britt Rameckers	Haugesund Idrettslag		<b>1:11:52</b>	26:59	27:38
11	Lilli Hansen	OK GORM		<b>1:20:04</b>	35:11	30:47
12	Pia Grønberg Hansen	OK GORM		<b>1:21:22</b>	36:29	31:17
13	Birthe Møller	Nordvest OK		<b>1:23:42</b>	38:49	32:11
14	Hanne H. Poulsen	Mariager Fjord OK		<b>1:29:44</b>	44:51	34:30
15	Gerda Henriksen	1900 Orientering		<b>1:30:00</b>	45:07	34:36
16	Tove Straarup	Horsens OK		<b>1:32:44</b>	47:51	35:40
17	Helga Peveri	Eiker o-lag		<b>1:33:45</b>	48:52	36:03
18	Anni Jensen	Herning OK		<b>1:35:36</b>	50:43	36:46
19	Birgit Rasmussen	1900 Orientering		<b>2:00:22</b>	1:15:29	46:17
20	Lone Christensen	1900 Orientering		<b>2:05:20</b>	1:20:27	48:12
DSQ	Siri Økstad	Oddersjaa SSK		<b>52:31</b>		DSQ Missed 161
DSQ	Birte Hove	OK Syd		<b>1:51:58</b>		DSQ250 for 248
Antall	22	Påmeldte: 22	Startende: 22		Ant. poster 11	

<b>D75-A</b>		<b>2,35 KM</b>				
1	Mona Nørgaard	OK Pan		<b>41:39</b>		17:43
2	Linda Verde	IF Sturla		<b>44:43</b>	03:04	19:01
3	Elizabeth Borchorst	RSOK		<b>53:07</b>	11:28	22:36
4	Else Hass	OK Pan		<b>55:46</b>	14:07	23:43
5	Elin Holm Jensen	Horsens OK		<b>59:25</b>	17:46	25:17
6	Vibeke Vogelius	Silkeborg OK		<b>59:37</b>	17:58	25:22
7	Inger Lindløv	OK Moss		<b>1:02:37</b>	20:58	26:38
8	Ann Dorrit Hansen	OK Djurs		<b>1:06:14</b>	24:35	28:11
9	Lone Bartnik	IK Grane Arendal		<b>1:06:15</b>	24:36	28:11
10	Ansa MacLassen	RSOK		<b>1:07:40</b>	26:01	28:47
11	Signe Heivoll	Søgne og Songdalen ok		<b>1:14:31</b>	32:52	31:42
12	Marit Vågsne s	IK Grane Arendal		<b>1:21:25</b>	39:46	34:38

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>D75-A</b>		<b>2,35 KM</b>				
13	Lene Bank Hansen	OK Vendelboerne		<b>1:38:21</b>	56:42	41:51
DSQ	Lisbet Nielsen	OK Vendelboerne		<b>1:14:53</b>		DSQ Missed 160
Antall	14	Påmeldte: 16	Startende: 14	Ant. poster 10		
<b>D80-A</b>		<b>1,775 KM</b>				
1	Grethe Larsen	OK Snab		<b>41:47</b>		23:32
2	Rigmor Schou	Mariager Fjord OK		<b>53:23</b>	11:36	30:04
3	Ellen Thomsen	OK Vendelboerne		<b>57:42</b>	15:55	32:30
4	Randi Splittorff	Svendborg OK		<b>1:00:24</b>	18:37	34:01
5	Tordis Rytter Jakobsen	OK Moss		<b>1:15:53</b>	34:06	42:45
6	Edit Thomsen	OK Syd		<b>1:33:26</b>	51:39	52:38
DSQ	Aase Thyssen	Horsens OK				DSQ
Antall	7	Påmeldte: 7	Startende: 7	Ant. poster 8		
<b>H-10A</b>		<b>2,775 KM</b>				
1	Falk Teigen Staib	IF Sturla		<b>17:56</b>		06:27
2	Håkon Kroken	IF Sturla		<b>25:31</b>	07:35	09:11
3	Eirik Hellenen Ørum	Søgne og Songdalen ok		<b>27:07</b>	09:11	09:46
4	Theo Pedersen	OK Moss		<b>28:13</b>	10:17	10:10
5	Mikkel Holte	Skien OK		<b>29:28</b>	11:32	10:37
6	Eivind Flaa Agerbo	Birkene s IL		<b>30:38</b>	12:42	11:02
DSQ	Jørgen Fidjeland	Birkene s IL		<b>20:24</b>		DSQ250 for 120
Antall	7	Påmeldte: 7	Startende: 7	Ant. poster 12		Premier: 3
<b>H-10B</b>		<b>2,1 KM</b>				
1	Iver Kvisberglien	OK Moss		<b>19:32</b>		09:18
2	Hans Kalsås	Kristiansand OK		<b>21:13</b>	01:41	10:06
3	Torjus Hardang	Notodden o-lag		<b>21:25</b>	01:53	10:11
4	Oskar Øksendal	Sandne s IL - Rogaland		<b>22:56</b>	03:24	10:55
5	Elias McGrail	Silkeborg OK		<b>25:04</b>	05:32	11:56
6	Jonatan Øksendal	Sandne s IL - Rogaland		<b>27:07</b>	07:35	12:54
7	Oskar Eldhuset Sjustøl	Kristiansand OK		<b>33:36</b>	14:04	16:00
DSQ	Andreas Schrøder Magnussen	Haugesund Idrettslag		<b>41:15</b>		DSQ Missed 217
DSQ	Olav Sætre Færevåg	Haugesund Idrettslag		<b>41:22</b>		DSQ Missed 217
Antall	9	Påmeldte: 10	Startende: 9	Ant. poster 9		Premier: 3
<b>H-12A</b>		<b>3,7 KM</b>				
1	Kirk Beuchert	OK Pan		<b>24:49</b>		06:42
2	Andreas Mollestad	Kristiansand OK		<b>25:47</b>	00:58	06:58
3	Bjørn Ivar Langerud	Porsgrunn OL		<b>30:27</b>	05:38	08:13
4	Brage Glende Stormoen	Birkene s IL		<b>30:39</b>	05:50	08:17
5	Anders Braaten	Kongsberg O-lag		<b>34:17</b>	09:28	09:15
6	Theodor Ims Østby	Sandne s IL - Rogaland		<b>34:34</b>	09:45	09:20
7	Eskil Berge	Sandne s IL - Rogaland		<b>34:40</b>	09:51	09:22
8	Emil Kvisberglien	OK Moss		<b>35:02</b>	10:13	09:28
9	Alexander Muff Kristensen	OK H.T.F.		<b>36:17</b>	11:28	09:48
10	Jonathan Tobiassen	Torridal il		<b>37:50</b>	13:01	10:13
11	Sander Popp Bobach	Aalborg OK		<b>38:07</b>	13:18	10:18

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H-12A</b>						
<b>3,7 KM</b>						
12	Bjørn Vang Bobach	Aalborg OK		<b>38:08</b>	13:19	10:18
DSQ	Esben Christensen	Silkeborg OK		<b>24:24</b>		DSQ Missed 214
Antall	13	Påmeldte: 14	Startende: 13	Ant. poster 16		Premier: 3
<b>H-12B</b>						
<b>2,8 KM</b>						
1	Anker Skovmand Møller	OK Snab		<b>17:41</b>		06:18
2	Isak Øksendal	Sandne s IL - Rogaland		<b>18:14</b>	00:33	06:30
3	Håvard Stølen	IL Vindbjart		<b>19:23</b>	01:42	06:55
4	Erik Fykerud	Porsgrunn OL		<b>20:56</b>	03:15	07:28
5	Torbjørn Sundin	Torridal il		<b>22:58</b>	05:17	08:12
6	Audun Kalsås	Kristiansand OK		<b>23:47</b>	06:06	08:29
7	Isak Andersen	Sandne s IL - Rogaland		<b>25:20</b>	07:39	09:02
8	Lukas Andersen	Sandne s IL - Rogaland		<b>29:24</b>	11:43	10:30
9	Ola Schrøder Magnussen	Haugesund Idrettslag		<b>34:34</b>	16:53	12:20
Antall	9	Påmeldte: 9	Startende: 9	Ant. poster 13		Premier: 3
<b>H-14A</b>						
<b>4,075 KM</b>						
1	Finlay Duncan	Sandne s IL - Rogaland		<b>34:40</b>		08:30
2	Vidar Wenne rstrand	Porsgrunn OL		<b>36:04</b>	01:24	08:51
3	Eskil Baksaas Franche	Porsgrunn OL		<b>38:37</b>	03:57	09:28
4	Lars Oftedal	Sandne s IL - Rogaland		<b>39:18</b>	04:38	09:38
5	Tobias Sølvberg	Sandne s IL - Rogaland		<b>43:25</b>	08:45	10:39
6	Håvard Hellenen Ørum	Søgne og Songdalen ok		<b>45:03</b>	10:23	11:03
7	Robert Lervad Lundø	Horsens OK		<b>47:18</b>	12:38	11:36
8	Trym Undheim	Sandne s IL - Rogaland		<b>48:37</b>	13:57	11:55
9	Halvor Værvågen Gjestrud	Notodden o-lag		<b>50:53</b>	16:13	12:29
10	Solan Løken	OK Moss		<b>58:34</b>	23:54	14:22
11	Emil Skouenborg	OK Snab		<b>1:00:35</b>	25:55	14:52
12	Mathias Meihack	Sandne s IL - Rogaland		<b>1:00:41</b>	26:01	14:53
13	Rasmus Greibrokk	Torridal il		<b>1:02:44</b>	28:04	15:23
14	Oskar Gjørup Larsen	OK Snab		<b>1:14:36</b>	39:56	18:18
15	Ovin Frantzen	Sandne s IL - Rogaland		<b>1:16:13</b>	41:33	18:42
16	Øystein Øye Rossebø	Haugesund Idrettslag		<b>1:21:26</b>	46:46	19:59
17	Jonathan Fanslau	IL Vindbjart		<b>1:24:57</b>	50:17	20:50
18	Noah Bakken	IL Vindbjart		<b>1:26:25</b>	51:45	21:12
19	Bjørnar Stølen	IL Vindbjart		<b>1:31:06</b>	56:26	22:21
20	Kåre Levang	Sandne s IL - Rogaland		<b>1:36:45</b>	1:02:05	23:44
21	Magnus Tolstad	Torridal il		<b>1:45:41</b>	1:11:01	25:56
22	Jens Tobiassen	Torridal il		<b>2:22:26</b>	1:47:46	34:57
DSQ	Mikkel Popp Bobach	Aalborg OK				DSQ None controls
DSQ	Hallvar Sætre Færevåg	Haugesund Idrettslag		<b>52:16</b>		DSQ Missed 194
DSQ	Richard Elias Kronborg	Horsens OK		<b>1:40:16</b>		DSQ250 for 203
Antall	25	Påmeldte: 26	Startende: 25	Ant. poster 17		Premier: 3
<b>H-14B</b>						
<b>3,25 KM</b>						
1	Johan Helgemo	Kristiansand OK		<b>23:39</b>		07:16
2	Mika Johan Huva	Notodden o-lag		<b>25:38</b>	01:59	07:53
3	Dag Jørgen Moe	Torridal il		<b>25:56</b>	02:17	07:58
4	Sigurd Kanstad Øveraasen	Notodden o-lag		<b>33:06</b>	09:27	10:11

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H-14B</b>		<b>3,25 KM</b>				
5	Filip Olafsen	Kristiansand OK		<b>33:37</b>	09:58	10:20
6	Sverre Vervoorn	Eiker o-lag		<b>1:23:23</b>	59:44	25:39
DSQ	Sondre Kveum Saga	Notodden o-lag		<b>32:06</b>		DSQ Missed 205
DSQ	Oliver W Fuglestad	Kristiansand OK		<b>32:41</b>		DSQ250 for 120
Antall	8	Påmeldte: 8	Startende: 8	Ant. poster 14		Premier: 3

<b>H-16A</b>		<b>4,875 KM</b>				
1	Håkon Aarhus Kinn	Porsgrunn OL		<b>38:24</b>		07:52
2	Rune Cederberg	Ballerup OK		<b>39:56</b>	01:32	08:11
3	Vebjørn Oftedal	Sandne s IL - Rogaland		<b>41:27</b>	03:03	08:30
4	Magnus Mølgaard Nielsen	Odense OK		<b>44:11</b>	05:47	09:03
5	Sigve Nygård Fagervold	Asker Skiklubb		<b>44:24</b>	06:00	09:06
6	Arvid Wenne rstrand	Porsgrunn OL		<b>44:46</b>	06:22	09:10
7	Aksel Klausen	IF Sturla		<b>46:23</b>	07:59	09:30
8	Kristian Kaiser	IF Sturla		<b>47:40</b>	09:16	09:46
9	Sindre Wathne	Sandne s IL - Rogaland		<b>48:27</b>	10:03	09:56
10	Natanael Tolås	Haugesund Idrettslag		<b>48:46</b>	10:22	10:00
11	Filip Sveen	Haugesund Idrettslag		<b>50:44</b>	12:20	10:24
12	Magnus Sæterås	Sandne s IL - Rogaland		<b>50:58</b>	12:34	10:27
13	Anton Kupriyanov Hviid	Farum OK		<b>51:28</b>	13:04	10:33
14	Storm Schmidt Tofterup	OK Melfar		<b>52:04</b>	13:40	10:40
15	Sjur Undheim	Sandne s IL - Rogaland		<b>52:37</b>	14:13	10:47
16	Trym Breimo	OK Moss		<b>52:51</b>	14:27	10:50
17	Mathias Reiche Sørensen	OK Vendelboerne		<b>53:18</b>	14:54	10:56
18	Aleksander Andenæs	Asker Skiklubb		<b>58:15</b>	19:51	11:56
19	Emil Omholt	Porsgrunn OL		<b>1:02:03</b>	23:39	12:43
20	Anders Rostveit Elmi	OK Moss		<b>1:09:29</b>	31:05	14:15
21	Andreas Soleng	Sandne s IL - Rogaland		<b>1:20:36</b>	42:12	16:32
22	Sebastian Knutsen	Sandne s IL - Rogaland		<b>1:24:54</b>	46:30	17:24
23	Tormod Levang	Sandne s IL - Rogaland		<b>1:32:53</b>	54:29	19:03
24	Kristoffer Muff Kristensen	OK H.T.F.		<b>1:52:06</b>	1:13:42	22:59
DSQ	Thomas Vaktdal	Sandne s IL - Rogaland		<b>33:37</b>		DSQ
DSQ	Marius Kristoffer Thune Iversen	IF Sturla		<b>48:39</b>		DSQ100 for 137
DSQ	Aksel Elias Sauve	IF Sturla		<b>1:27:17</b>		DSQ Missed 177
DSQ	Syver Hagen Urdalen	Notodden o-lag		<b>1:53:54</b>		DSQ Missed 165
Antall	28	Påmeldte: 30	Startende: 28	Ant. poster 13		Premier: 3

<b>H-16B</b>		<b>3,475 KM</b>				
1	Aksel Kvarsten	Kristiansand OK		<b>36:02</b>		10:22
2	Sigurd Wold Sunde	Søgne og Songdalen ok		<b>40:23</b>	04:21	11:37
3	Andreas Holme	Kristiansand OK		<b>41:46</b>	05:44	12:01
4	Kristian Mork	Notodden o-lag		<b>48:04</b>	12:02	13:49
5	Erlend Sælid Nes	Kristiansand OK		<b>50:08</b>	14:06	14:25
6	Tobias Tørå	Kristiansand OK		<b>56:08</b>	20:06	16:09
7	Sverre Espedal	Haugesund Idrettslag		<b>56:57</b>	20:55	16:23
8	Edvald Kalsås	Kristiansand OK		<b>1:06:02</b>	30:00	19:00
9	Sebastian Dobrescu	Haugesund Idrettslag		<b>1:23:47</b>	47:45	24:06
10	Ulrick Wiik	Haugesund Idrettslag		<b>1:24:41</b>	48:39	24:22
11	Daniel Kjær Haff	OK Vendelboerne		<b>1:32:05</b>	56:03	26:29
DSQ	Johan Øvrelid	Haugesund Idrettslag		<b>37:46</b>		DSQ Missed 193

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H-16B</b>						
<b>3,475 KM</b>						
ØSQ	Simen Nygård	Birkene s IL		<b>57:12</b>		Missed 197
Antall	13	Påmeldte: 13	Startende: 13	Ant. poster 14		Premier: 3
<b>H-20A</b>						
<b>5,075 KM</b>						
1	Selmer Løken	OK Moss		<b>50:05</b>		09:52
2	Johan Dalgaard	Kolding OK		<b>52:19</b>	02:14	10:18
3	Arild Pfluger Hundeide	Sandne s IL - Rogaland		<b>1:01:23</b>	11:18	12:05
4	Kristian Tolstad	Torridal il		<b>1:02:51</b>	12:46	12:23
5	Sigmund Javene s Flaa	Birkene s IL		<b>1:07:45</b>	17:40	13:20
6	Trym Bækken Oreilly	IF Sturla		<b>1:14:59</b>	24:54	14:46
7	Emil Olsen Rachor	Haugesund Idrettslag		<b>1:18:34</b>	28:29	15:28
8	Fabian Johanne ssen	Kristiansand OK		<b>1:18:35</b>	28:30	15:29
9	Jakob Johanne ssen	Kristiansand OK		<b>1:20:08</b>	30:03	15:47
10	Isak Kvarsten	Kristiansand OK		<b>1:59:12</b>	1:09:07	23:29
DSQ	Sebastian Jørgensen	Haugesund Idrettslag		<b>36:32</b>		DSQ100 for 125
DSQ	Sebastian Muff Kristensen	OK H.T.F.		<b>1:52:07</b>		DSQ Missed 143
Antall	12	Påmeldte: 12	Startende: 12	Ant. poster 14		
<b>H-20AK</b>						
<b>3,225 KM</b>						
1	Sebastian Røkeberg	Eiker o-lag		<b>37:16</b>		11:33
2	Aske Hedemann	Faaborg OK		<b>47:56</b>	10:40	14:51
3	Oskar Knutheim	IF Sturla		<b>59:58</b>	22:42	18:35
DSQ	Sivert Knutheim	IF Sturla		<b>45:32</b>		DSQ Missed 236
DSQ	Ingar Aarvik-hansen	IF Sturla		<b>46:35</b>		DSQ Missed 236
Antall	5	Påmeldte: 5	Startende: 5	Ant. poster 10		
<b>H-20E</b>						
<b>8,375 KM</b>						
1	Axel Örnhausen Jørgensen	OK Snab		<b>55:39</b>		06:38
2	Jone Valdal	Sandne s IL - Rogaland		<b>1:01:15</b>	05:36	07:18
3	Asbjørn Faber Fenger-Grøn	Silkeborg OK		<b>1:07:50</b>	12:11	08:05
4	Markus Mollestad	Kristiansand OK		<b>1:08:18</b>	12:39	08:09
5	Kevin Rommetvedt	Ås-NMBU Orientering		<b>1:10:03</b>	14:24	08:21
6	Sondre Kornmo	Porsgrunn OL		<b>1:14:20</b>	18:41	08:52
7	Christoffer Vang Bobach	Aalborg OK		<b>1:16:23</b>	20:44	09:07
8	Kristian Birkeland	Birkene s IL		<b>1:17:26</b>	21:47	09:14
9	Rasmus Edvardsen	OK Snab		<b>1:17:58</b>	22:19	09:18
10	Emil Nygård	Birkene s IL		<b>1:18:31</b>	22:52	09:22
11	Trygve Skumlien Myrland	Sandne s IL - Rogaland		<b>1:22:56</b>	27:17	09:54
12	Philip Aarnio	OK Vendelboerne		<b>1:30:49</b>	35:10	10:50
13	Jonas Monrad Brodersen	Kolding OK		<b>1:37:21</b>	41:42	11:37
14	Eirik Wathne	Sandne s IL - Rogaland		<b>1:55:50</b>	1:00:11	13:49
DSQ	Idar Elias Jongenburger	Sandne s IL - Rogaland		<b>1:24:47</b>		DSQ Missed 133
DSQ	Marius Tobiassen	IK Grane Arendal		<b>1:47:18</b>		DSQ100 for 169
Antall	16	Påmeldte: 19	Startende: 16	Ant. poster 19		
<b>H21-A</b>						
<b>7,575 KM</b>						
1	Søren Schwartz	OK Pan		<b>54:25</b>		07:11
2	Håkon Christiansen	Alt er OK		<b>57:39</b>	03:14	07:36

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H21-A</b>		<b>7,575 KM</b>				
3	Sindre Holt	Hedrum Orienteringslag		<b>59:47</b>	05:22	07:53
4	Zsolt Lenkei	IFK Møra OK		<b>1:00:14</b>	05:49	07:57
5	Kristoffer Sloth	OK Pan		<b>1:02:54</b>	08:29	08:18
6	Andreas Bagger Hagner	Silkeborg OK		<b>1:05:38</b>	11:13	08:39
7	Bjarke Egholm Rude	Silkeborg OK		<b>1:07:45</b>	13:20	08:56
8	Ole Flaatten	OK Skeidi		<b>1:13:10</b>	18:45	09:39
9	Holger V Petersen	OK GORM		<b>1:13:11</b>	18:46	09:39
10	Mikkel Holm Nielsen	OK Pan		<b>1:13:18</b>	18:53	09:40
11	Are Wigaard	Alt er OK		<b>1:16:45</b>	22:20	10:07
12	Niklas Ingwersen	Horsens OK		<b>1:17:03</b>	22:38	10:10
13	Casper Thygesen	OK Snab		<b>1:17:10</b>	22:45	10:11
14	Tobias Mathisen	NTNUI		<b>1:17:28</b>	23:03	10:13
15	Anton Rasmussen	1900 Orientering		<b>1:23:43</b>	29:18	11:03
16	Jens Kobæk Edsen	Nordvest OK		<b>1:24:20</b>	29:55	11:07
17	Eirik Larsen	Skien OK		<b>1:24:58</b>	30:33	11:13
18	Ole Jørgen Bogen Arenth	Alt er OK		<b>1:25:35</b>	31:10	11:17
19	Jakob Røberg Frandsen	OK Pan		<b>1:30:38</b>	36:13	11:57
20	Mathias Gløersen	Alt er OK		<b>1:37:42</b>	43:17	12:53
21	Jens Tange Hasholt	Allerød OK		<b>2:00:27</b>	1:06:02	15:54
22	Kristian Nyhus	Birkene s IL		<b>2:07:44</b>	1:13:19	16:51
DSQ	Alex Heldgaard Kristensen	Herning OK		<b>56:41</b>		DSQ Missed 126
DSQ	Torbjørn Høyer Staugaard	FIF Hillerød		<b>1:23:51</b>		DSQ Missed 126
Antall	24	Påmeldte: 26	Startende: 24	Ant. poster 18		

<b>H21-AK</b>		<b>3,975 KM</b>				
1	Jostein Svaland Dale	Ås-NMBU Orientering		<b>42:28</b>		10:41
2	Åsulv Birkeland Stormoen	Birkene s IL		<b>51:13</b>	08:45	12:53
3	Tue Hejlskov Mogensen	Mariager Fjord OK		<b>1:04:25</b>	21:57	16:12
4	Erik Aarrestad	Øyestad IF - Orientering		<b>1:06:23</b>	23:55	16:42
5	Philippe Zürcher	Eiker o-lag		<b>1:10:27</b>	27:59	17:43
6	Ole Fredrik Ib Aarrestad	Øyestad IF - Orientering		<b>1:17:39</b>	35:11	19:32
7	Dan Gangsø	Eiker o-lag		<b>1:18:48</b>	36:20	19:49
8	Fredrik Polland	OK Skeidi		<b>1:28:04</b>	45:36	22:09
DSQ	Kristine Aarrestad	Øyestad IF - Orientering		<b>1:02:17</b>		DSQ Missed 141
Antall	9	Påmeldte: 9	Startende: 9	Ant. poster 11		

<b>H21-AM</b>		<b>5,075 KM</b>				
1	Nicklas Mønster Jørgensen	Horsens OK		<b>1:12:45</b>		14:20
2	Simon Fjordvald	Silkeborg OK		<b>1:15:17</b>	02:32	14:50
3	Niels Røungkvist Uhlemann	Kolding OK		<b>1:19:30</b>	06:45	15:39
4	Per Mønster Jørgensen	Horsens OK		<b>1:35:23</b>	22:38	18:47
Antall	4	Påmeldte: 4	Startende: 4	Ant. poster 14		

<b>H21-B</b>		<b>4,075 KM</b>				
1	Anders Termansen	OK Syd		<b>1:09:37</b>		17:05
2	Markus Tharaldsen	IL Vindbjart		<b>1:13:18</b>	03:41	17:59
3	Knud Kalsås	Kristiansand OK		<b>1:14:19</b>	04:42	18:14
4	Knut Festervoll	Kristiansand OK		<b>1:16:39</b>	07:02	18:48
5	Erik Brixen	Herning OK		<b>1:16:46</b>	07:09	18:50

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<b>H21-B</b>		<b>4,075 KM</b>				
6	Henrik Haff	OK Vendelboerne		<b>2:07:42</b>	58:05	31:20
Antall	6	Påmeldte: 6	Startende: 6	Ant. poster 17		
<b>H21-C</b>		<b>4,1 KM</b>				
1	Endre Laurantsen	Skien OK		<b>30:39</b>		07:28
2	Aydin Keskin	Torridal il		<b>32:49</b>	02:10	08:00
3	William Richards	Nordre Follo Orientering		<b>33:55</b>	03:16	08:16
4	Jørgen Remme Tresse	Porsgrunn OL		<b>35:38</b>	04:59	08:41
5	Njål Lunde	Haugesund Idrettslag		<b>36:06</b>	05:27	08:48
6	Hans Antonsen	IK Grane Arendal		<b>40:41</b>	10:02	09:55
7	Steffen Fidjeland	Birkene s IL		<b>41:17</b>	10:38	10:04
8	Sebastian Hofoss	Hadeland OL		<b>44:30</b>	13:51	10:51
9	Per Johan Flaa	Birkene s IL		<b>54:12</b>	23:33	13:13
10	Ulrik Christiansen	Horsens OK		<b>54:53</b>	24:14	13:23
11	Finn Hove	OK Syd		<b>1:43:01</b>	1:12:22	25:07
Antall	11	Påmeldte: 11	Startende: 11	Ant. poster 18		
<b>H21-E</b>		<b>11,775 KM</b>				
1	Anton Forsberg	Stora Tuna OK		<b>1:19:09</b>		06:43
2	Jacob Steinthal	FIF Hillerød		<b>1:22:14</b>	03:05	06:59
3	Tue Lassen	Silkeborg OK		<b>1:23:03</b>	03:54	07:03
4	Laurits Bidstrup Møller	Silkeborg OK		<b>1:24:12</b>	05:03	07:09
5	Christian Bøen	Kristiansand OK		<b>1:26:47</b>	07:38	07:22
6	Jonas Falck Najbjerg	THOK		<b>1:27:16</b>	08:07	07:24
7	Ivar Aukrust Osmoen	Ås-NMBU Orientering		<b>1:28:04</b>	08:55	07:28
8	Lasse Falck Weber	THOK		<b>1:28:13</b>	09:04	07:29
9	Anders Haugskott	Ås-NMBU Orientering		<b>1:28:57</b>	09:48	07:33
10	Søren Eg Staugaard	Kolding OK		<b>1:29:03</b>	09:54	07:33
11	Mátyás Péntek	Horsens OK		<b>1:29:25</b>	10:16	07:35
12	Oscar Sig Tranberg	OK Pan		<b>1:30:05</b>	10:56	07:39
13	Uku-laur Tali	Porsgrunn OL		<b>1:30:58</b>	11:49	07:43
14	Jonas Gabs	OK Melfar		<b>1:34:17</b>	15:08	08:00
15	Morten Rindom Knudsen	OK Melfar		<b>1:38:33</b>	19:24	08:22
16	Nikola Ivanov	Horsens OK		<b>1:47:34</b>	28:25	09:08
17	Linus Olhans	Ås-NMBU Orientering		<b>1:47:46</b>	28:37	09:09
18	Marius Aurebekk	NTNUI		<b>1:48:32</b>	29:23	09:13
18	Jacob Klærke Mikkelsen	Horsens OK		<b>1:48:32</b>	29:23	09:13
20	Trygve Børte Nomeland	Ås-NMBU Orientering		<b>1:50:03</b>	30:54	09:20
21	Thomas Emil Jensen	Horsens OK		<b>2:15:55</b>	56:46	11:32
22	Gustav L. Holmberg	FIF Hillerød		<b>2:18:07</b>	58:58	11:43
23	Peter Modler Hedemann	Karup OK		<b>2:21:16</b>	1:02:07	11:59
24	Thorbjørn Laursen	Horsens OK		<b>2:39:52</b>	1:20:43	13:34
25	Martin Møller	AKIF		<b>2:52:53</b>	1:33:44	14:40
DSQ	Magnus Dewett	OK Snab		<b>52:22</b>		DSQ
DSQ	Gaute Friestad	Kristiansand OK		<b>1:00:10</b>		DSQ250 for 171
DSQ	Felix Isaksen	OK Snab		<b>1:16:12</b>		DSQ100 for 166
DSQ	Vilmer Nyberg	Asker Skiklubb		<b>1:16:20</b>		DSQ
DSQ	Emil Ruud Fosshem	Asker Skiklubb		<b>1:19:30</b>		DSQ Missed 155
DSQ	Mathias Buchgreitz	Søllerød OK		<b>1:22:58</b>		DSQ Missed 118
DSQ	Arttu Lindqvist	Individuals/No club		<b>1:23:13</b>		DSQ Missed 228



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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H21-E</b>		<b>11,775 KM</b>				
DSQ	Simon Fjermestad Helgesen	Ås-NMBU Orientering		1:23:41		DSQ
DSQ	Allan Reiche	OK Vendelboerne		1:31:17		DSQ100 for 157
Antall	34	Påmeldte: 34	Startende: 34	Ant. poster 28		Premier: 1
<b>H35-A</b>		<b>7,325 KM</b>				
1	Per Hjerrild	Silkeborg OK		1:14:41		10:11
2	Vegard Omdal	IL Vindbjart		1:24:58	10:17	11:35
3	Hans-petter Eikedalen	Porsgrunn OL		1:39:15	24:34	13:32
4	Halvor Steinholt	Ås-NMBU Orientering		1:50:18	35:37	15:03
5	Kenn Heldgaard Kristensen	Herning OK		1:57:56	43:15	16:06
6	Mads Schulz Bak-Jensen	Vestjysk		2:07:14	52:33	17:22
DSQ	Mads Kruse Juhl	Herning OK		59:17		DSQ250 for 163
Antall	7	Påmeldte: 7	Startende: 7	Ant. poster 19		
<b>H35-B</b>		<b>4,075 KM</b>				
1	Sigve Øksendal	Sandne s IL - Rogaland		37:46		09:16
2	Steffen Damkjær Hansen	OK Snab		40:17	02:31	09:53
3	Torbjørn Ims Østby	Sandne s IL - Rogaland		40:52	03:06	10:01
4	Sverre Soleng	Sandne s IL - Rogaland		41:14	03:28	10:07
5	Tomas Torgersen	Oddersjaa SSK		42:33	04:47	10:26
6	Einar Sølberg	Sandne s IL - Rogaland		44:54	07:08	11:01
7	Jon Sigurd Huseby Løvhaug	Porsgrunn OL		45:41	07:55	11:12
8	Tore Tengesdal	Sandne s IL - Rogaland		49:27	11:41	12:08
9	Morten Sjustøl	Kristiansand OK		56:15	18:29	13:48
10	Espen Blomhaugen	Notodden o-lag		1:06:37	28:51	16:20
11	Thomas Kveum Saga	Notodden o-lag		1:09:12	31:26	16:58
12	Jannick Koch Wienike	Karup OK		1:16:50	39:04	18:51
13	Anders Møller	OK Snab		1:21:52	44:06	20:05
14	Harald Brynlund-Lima	Sandne s IL - Rogaland		2:10:59	1:33:13	32:08
DSQ	Christer Kornstad	Notodden o-lag				DSQ Missed 229
DSQ	Jostein Øveraasen	Notodden o-lag		1:11:05		DSQ Missed 204
Antall	16	Påmeldte: 17	Startende: 16	Ant. poster 16		
<b>H40-A</b>		<b>7,1 KM</b>				
1	Thomas Skouenborg	OK Snab		1:04:49		09:07
2	Christian Christensen	Silkeborg OK		1:07:02	02:13	09:26
3	Jon Pedersen	OK Moss		1:09:45	04:56	09:49
4	Johan MacLassen	RSOK		1:17:43	12:54	10:56
5	Donatas Kontautas	OK Moss		1:24:19	19:30	11:52
6	Glenn Tørå	Kristiansand OK		1:24:49	20:00	11:56
7	Erik Helgemo	Kristiansand OK		1:25:54	21:05	12:05
8	Svein Magnus Halsne	Stavanger		1:27:01	22:12	12:15
9	Jakob Q Christensen	Odense OK		1:27:08	22:19	12:16
10	Frank Aasgård	Wing OK		1:27:16	22:27	12:17
11	Torggrim Gjestrud	Notodden o-lag		1:39:51	35:02	14:03
12	Erlend Ribe	Kristiansand OK		1:42:29	37:40	14:26
13	Rune Kristian Mork	Notodden o-lag		1:52:34	47:45	15:51
14	Kasper Tofte	Odense OK		1:59:36	54:47	16:50
15	Dan Kristensen Huva	Notodden o-lag		2:01:33	56:44	17:07

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<b>H40-A</b>		<b>7,1 KM</b>				
16	Knut Urdalen	Notodden o-lag		<b>2:04:53</b>	1:00:04	17:35
17	Glenn Ekholdt Hilleren	Eiker o-lag		<b>2:07:04</b>	1:02:15	17:53
18	Robert Fredriksen	Notodden o-lag		<b>2:08:05</b>	1:03:16	18:02
19	Joakim H. Bjelland	Haugesund Idrettslag		<b>2:21:19</b>	1:16:30	19:54
20	Tomas Sundelin	Notodden o-lag		<b>2:51:43</b>	1:46:54	24:11
DSQ	Anders Elvekrok	Eiker o-lag		<b>1:34:15</b>		DSQ Missed 149
DSQ	Audun Tobiassen	Torridal il		<b>1:39:39</b>		DSQ Missed 132
DSQ	Nicolai Krabek	Odense OK		<b>1:43:03</b>		DSQ Missed 241
DSQ	Erling Dahl Borkamo	Notodden o-lag		<b>2:24:54</b>		DSQ Missed 125
Antall	24	Påmeldte: 25	Startende: 24		Ant. poster 20	

<b>H45-A</b>		<b>6,525 KM</b>				
1	Hans Gunnar Omdal	IL Vindbjart		<b>47:32</b>		07:17
2	Flemming Jørgensen	OK Snab		<b>55:58</b>	08:26	08:34
3	Magnus Aarhus Kinn	Porsgrunn OL		<b>56:53</b>	09:21	08:43
4	Jostein Moe	Torridal il		<b>59:57</b>	12:25	09:11
5	Sigurd Oftedal	Sandne s IL - Rogaland		<b>1:01:23</b>	13:51	09:24
6	Ulrik Staugaard	FIF Hillerød		<b>1:05:48</b>	18:16	10:05
7	Kent Kragh	OK Pan		<b>1:07:19</b>	19:47	10:19
8	Njål Helge R Vølstad	Ålgård Orientering		<b>1:08:09</b>	20:37	10:26
9	Jostein Tøllne s	Asker Skiklubb		<b>1:13:29</b>	25:57	11:15
10	Bjørn Egil Rossebø	Haugesund Idrettslag		<b>1:13:51</b>	26:19	11:19
11	Erik Råberg	OK TYR		<b>1:14:06</b>	26:34	11:21
12	Svein Sunde	Søgne og Songdalen ok		<b>1:20:54</b>	33:22	12:23
13	Sturla Stokkøland	Ålgård Orientering		<b>1:20:56</b>	33:24	12:24
14	Andreas Breiland	Ålgård Orientering		<b>1:21:14</b>	33:42	12:26
15	Martin Malmstrøm	OK Moss		<b>1:21:48</b>	34:16	12:32
16	Dag Abel Sveen	Haugesund Idrettslag		<b>1:24:07</b>	36:35	12:53
17	Jesper Madsen	OK Melfar		<b>1:26:54</b>	39:22	13:19
18	Carsten Ripke	OSC Hamburg		<b>1:29:08</b>	41:36	13:39
19	Kristian Berg	IF Sturla		<b>1:37:36</b>	50:04	14:57
20	Jonas Bo Kirk Egdal	OK Melfar		<b>1:39:11</b>	51:39	15:12
21	Peter Sigvardt	Odense OK		<b>1:39:22</b>	51:50	15:13
22	Martin Lervad Lundø	Horsens OK		<b>1:46:21</b>	58:49	16:17
23	Lars Schmidt Johansen	OK Melfar		<b>1:47:14</b>	59:42	16:26
24	Øyvind Helsør	Hisøy Orienteringsklubb		<b>1:47:29</b>	59:57	16:28
25	Troels Muff Thygesen	OK H.T.F.		<b>1:48:08</b>	1:00:36	16:34
26	Einar Eskilt	Hisøy Orienteringsklubb		<b>1:49:24</b>	1:01:52	16:45
27	Walther Kamp	OK Melfar		<b>2:00:51</b>	1:13:19	18:31
28	Jan Ole Larsen	OK Snab		<b>2:04:21</b>	1:16:49	19:03
DSQ	Paul Johanne ssen	Kristiansand OK		<b>1:25:01</b>		DSQ250 for 226
DSQ	Stig Erik Ørum	Søgne og Songdalen ok		<b>1:37:35</b>		DSQ
Antall	30	Påmeldte: 33	Startende: 30		Ant. poster 15	

<b>H45-AK</b>		<b>3,225 KM</b>				
1	Bjørn Polland	OK Skeidi		<b>37:24</b>		11:35
2	Eirik Brynildsen	Eiker o-lag		<b>42:49</b>	05:25	13:16
3	Tor Tolstad	Torridal il		<b>51:35</b>	14:11	15:59
4	Einar Thune Iversen	IF Sturla		<b>53:39</b>	16:15	16:38
5	Øyvind Kalhagen Andersen	Birkene s IL		<b>1:00:00</b>	22:36	18:36

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<b>H45-AK</b>		<b>3,225 KM</b>				
6	Øystein Nygård	Birkene s IL		<b>1:24:30</b>	47:06	26:12
Antall	6	Påmeldte: 6	Startende: 6	Ant. poster 10		
<b>H45-B</b>		<b>3,475 KM</b>				
1	Jan Løken Johanne ssen	OK Moss		<b>49:34</b>		14:15
2	Eivind Greibrokk	Torridal il		<b>54:27</b>	04:53	15:40
3	Jesper Dalby Sønderup	OK Melfar		<b>55:12</b>	05:38	15:53
4	Phil Heelan	Asker Skiklubb		<b>56:39</b>	07:05	16:18
5	Bjørn Røstøen	Asker Skiklubb		<b>57:55</b>	08:21	16:40
6	Martijn Vervoorn	Eiker o-lag		<b>1:07:52</b>	18:18	19:31
7	Ove Kjetså	Otra IL		<b>1:08:24</b>	18:50	19:41
8	Juha Lehtonen	SK Uusi		<b>1:12:43</b>	23:09	20:55
9	Yngvar Bakken	IL Vindbjart		<b>1:19:05</b>	29:31	22:45
10	Tony Halsall	Otra IL		<b>1:22:04</b>	32:30	23:36
11	Flemming Wedell	Odense OK		<b>1:50:05</b>	1:00:31	31:40
12	Thomas Nikolajsen	Horsens OK		<b>2:15:42</b>	1:26:08	39:03
DSQ	Stig Andre Holte	Skien OK		<b>1:12:48</b>		DSQ Missed 192
DSQ	Benny Blaudzun	OK Syd		<b>1:29:50</b>		DSQ Missed 203
Antall	14	Påmeldte: 14	Startende: 14	Ant. poster 14		
<b>H50-A</b>		<b>5,7 KM</b>				
1	Øystein Olsen	OK Moss		<b>58:06</b>		10:11
2	Jakob Landsperg	THOK		<b>58:34</b>	00:28	10:16
3	Ørjan Ravndal	Ålgård Orientering		<b>59:16</b>	01:10	10:23
4	Magne Wiig Mathisen	Porsgrunn OL		<b>59:55</b>	01:49	10:30
5	Henning B. Carlsen	OK Moss		<b>1:07:03</b>	08:57	11:45
6	Anders Dalgaard	Kolding OK		<b>1:07:52</b>	09:46	11:54
7	Carsten Elhøj	AS Feltsport		<b>1:10:21</b>	12:15	12:20
8	Espen Birkene s	Birkene s IL		<b>1:11:29</b>	13:23	12:32
9	Nicolaj Nielsen	Horsens OK		<b>1:12:19</b>	14:13	12:41
10	Christian Saxe	AS Feltsport		<b>1:15:38</b>	17:32	13:16
11	Jens Liengård	OK Snab		<b>1:19:42</b>	21:36	13:58
12	Esben Blicher	OK Melfar		<b>1:20:38</b>	22:32	14:08
13	Christian L Rasmussen	Karup OK		<b>1:21:09</b>	23:03	14:14
14	Lars Pagh	OK Snab		<b>1:21:32</b>	23:26	14:18
15	Geir Thomas Knutheim	IF Sturla		<b>1:22:16</b>	24:10	14:25
16	Hallvard Koren	OK Moss		<b>1:22:48</b>	24:42	14:31
17	Michael Thygesen	OK Snab		<b>1:23:25</b>	25:19	14:38
18	Stig Instane s	IF Sturla		<b>1:23:44</b>	25:38	14:41
19	Jon Terje Ekeland	Oddersjaa SSK		<b>1:24:11</b>	26:05	14:46
20	Jørgen Pedersen	AS Feltsport		<b>1:24:39</b>	26:33	14:51
21	Fridtjof Rachor	Haugesund Idrettslag		<b>1:26:01</b>	27:55	15:05
22	Ernst Pytten	Torridal il		<b>1:26:12</b>	28:06	15:07
23	Mads Jacobsen	Silkeborg OK		<b>1:26:44</b>	28:38	15:12
24	Anders Gilleladen	OK Pan		<b>1:37:07</b>	39:01	17:02
25	Thomas Nielsen	Silkeborg OK		<b>1:40:25</b>	42:19	17:37
26	Allan Skouboe	Horsens OK		<b>1:43:18</b>	45:12	18:07
26	Geir Jonny Ringvoll	IK Grane Arendal		<b>1:43:18</b>	45:12	18:07
28	Sigurd Holtskog	Skien OK		<b>1:45:28</b>	47:22	18:30
29	Peter R. Pallesen	OK Syd		<b>1:53:18</b>	55:12	19:52

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<b>H50-A</b>		<b>5,7 KM</b>				
30	Truls Fjeldstad	Porsgrunn OL		<b>1:53:21</b>	55:15	19:53
31	Kim Ø Jørgensen	OK Vendelboerne		<b>1:55:57</b>	57:51	20:20
32	Gunnar Møllestad	Kristiansand OK		<b>1:59:00</b>	1:00:54	20:52
33	Nicolai Andre Bjørgum	Eiker o-lag		<b>2:01:32</b>	1:03:26	21:19
34	Johan Magnus Palmfeldt	OK Pan		<b>2:19:59</b>	1:21:53	24:33
35	Jan Elsberg	OK Syd		<b>2:29:11</b>	1:31:05	26:10
36	Henning Drejer Olsen	OK73		<b>2:34:23</b>	1:36:17	27:05
37	Stian Røkeberg	Eiker o-lag		<b>2:43:36</b>	1:45:30	28:42
DSQ	Michael W. Nielsen	OK Syd		<b>05:45</b>		DSQ
DSQ	Erik Utne Vie	Haugesund Idrettslag		<b>1:16:36</b>		DSQ250 for 168
DSQ	Knut Aurebekk	Torridal il		<b>1:19:25</b>		DSQ Missed 228
Antall	40	Påmeldte: 41	Startende: 40		Ant. poster 15	

<b>H55-A</b>		<b>4,8 KM</b>				
1	Bjarne Hoffmann	Mariager Fjord OK		<b>42:15</b>		08:48
2	Oddgei Eikeskog	Sandne s IL - Rogaland		<b>45:46</b>	03:31	09:32
3	Thore Kornmo	Porsgrunn OL		<b>45:47</b>	03:32	09:32
4	Tom Furland	Sandne s IL - Rogaland		<b>47:24</b>	05:09	09:52
5	Helge Gisholt	OK Skeidi		<b>48:17</b>	06:02	10:03
6	Ebbe Møller Nielsen	OK Pan		<b>49:19</b>	07:04	10:16
7	Markku Mehtälä	Superhood OK		<b>50:15</b>	08:00	10:28
8	Carsten Thyssen	Horsens OK		<b>50:45</b>	08:30	10:34
9	Mads Mikkelsen	Horsens OK		<b>51:29</b>	09:14	10:43
10	Per Olav Haarr	Ganddal IL		<b>55:22</b>	13:07	11:32
11	Thomas Uhlemann	Kolding OK		<b>56:47</b>	14:32	11:49
12	Tor Åmdal	Kristiansand OK		<b>58:19</b>	16:04	12:08
13	Jesper Fenger-Grøn	OK Snab		<b>58:51</b>	16:36	12:15
14	Tor Ivar Christiansen	Tønsberg OL		<b>1:00:29</b>	18:14	12:36
15	Claus Cederberg	Ballerup OK		<b>1:03:12</b>	20:57	13:10
16	Nils Arne Johanne ssen	Kristiansand OK		<b>1:06:11</b>	23:56	13:47
17	Sten Egholm Jørgensen	OK Melfar		<b>1:06:42</b>	24:27	13:53
18	John Bargmeyer	OK Syd		<b>1:06:59</b>	24:44	13:57
19	Steen T. Hasholt	Allerød OK		<b>1:07:36</b>	25:21	14:05
20	Bjarne Johannsen	OK Syd		<b>1:07:53</b>	25:38	14:08
21	Espen Fyhn Nilsen	Stavanger		<b>1:09:07</b>	26:52	14:23
22	Morten Mølgaard Nielsen	Odense OK		<b>1:11:26</b>	29:11	14:52
23	Michael Splittorff	FIF Hillerød		<b>1:14:07</b>	31:52	15:26
24	Kristian Edsen	Nordvest OK		<b>1:14:11</b>	31:56	15:27
25	Henning Sundby	Ganddal IL		<b>1:15:40</b>	33:25	15:45
26	Terje Bakke	Porsgrunn OL		<b>1:15:56</b>	33:41	15:49
27	Jon Erik Kvarme	IF Sturla		<b>1:16:17</b>	34:02	15:53
28	Peter Kilden Jensen	OK Pan		<b>1:17:03</b>	34:48	16:03
29	Rune Christiansen	Sandne s IL - Rogaland		<b>1:17:43</b>	35:28	16:11
30	Claus Børsting	Herlufsholm OK		<b>1:18:24</b>	36:09	16:20
31	Sten Åge Nygårdseter	Vegårshei IL		<b>1:20:53</b>	38:38	16:51
32	Jørn Langerud	Porsgrunn OL		<b>1:23:06</b>	40:51	17:18
33	Hans Erik Røra	Skien OK		<b>1:23:17</b>	41:02	17:21
34	Henning Schou	OK Snab		<b>1:26:59</b>	44:44	18:07
35	Harald Eik	Kristiansand OK		<b>1:27:12</b>	44:57	18:10
36	Henning Hedemann	Faaborg OK		<b>1:41:29</b>	59:14	21:08
37	Audun Løvgren	IL Express		<b>1:48:47</b>	1:06:32	22:39

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H55-A</b>		<b>4,8 KM</b>				
38	Henrik Hauge Thomsen	OK Snab		<b>1:53:39</b>	1:11:24	23:40
DSQ	Brian Grøngård	Vestjysk		<b>59:39</b>		DSQ Missed 116
DSQ	Mikael Bergstedt	Markbygdens OK		<b>1:10:07</b>		DSQ Missed 169
Antall	40	Påmeldte: 41	Startende: 40	Ant. poster 13		
<b>H55-AK</b>		<b>3,2 KM</b>				
1	Carsten Gemmer Hanghøj	Ballerup OK		<b>34:14</b>		10:41
2	Karsten Jøhnk	OK Syd		<b>41:12</b>	06:58	12:52
3	Guttorm Nyhus	Birkene s IL		<b>46:47</b>	12:33	14:37
4	Thomas Sørensen	OK Melfar		<b>47:05</b>	12:51	14:42
5	Jan Aarrestad	Øyestad IF - Orientering		<b>49:31</b>	15:17	15:28
6	Rune Sørensen	IF Sturla		<b>50:29</b>	16:15	15:46
7	Svein Roar Jonsmyr	Birkene s IL		<b>52:29</b>	18:15	16:24
8	Arild Rørholt	OK Skeidi		<b>54:23</b>	20:09	16:59
9	Snorre Frydenlund	IF Sturla		<b>56:39</b>	22:25	17:42
10	Hans Johan Haugerud	IF Sturla		<b>59:42</b>	25:28	18:39
11	Ingvar Braaten	Kongsberg O-lag		<b>59:51</b>	25:37	18:42
12	Lars Tykær Jensen	OK Melfar		<b>1:08:29</b>	34:15	21:24
13	Inge Solberg	IF Sturla		<b>1:12:14</b>	38:00	22:34
14	Bjørn R. Christoffersen	Svendborg OK		<b>1:19:52</b>	45:38	24:57
DSQ	Geir Førlie	IF Sturla		<b>1:00:49</b>		DSQ
DSQ	Baard Fuglestad	Kristiansand OK		<b>1:14:32</b>		DSQ Missed 112
Antall	16	Påmeldte: 17	Startende: 16	Ant. poster 11		
<b>H60-A</b>		<b>4,425 KM</b>				
1	Tim Falck Weber	THOK		<b>42:43</b>		09:39
2	Jan Richard Eriksen	Asker Skiklubb		<b>46:04</b>	03:21	10:24
3	Morten Kjær	Silkeborg OK		<b>48:04</b>	05:21	10:51
4	Harald Kvisli	Notodden o-lag		<b>49:34</b>	06:51	11:12
5	Ole Lind	Ballerup OK		<b>53:38</b>	10:55	12:07
6	Torben Kristensen	OK Snab		<b>54:08</b>	11:25	12:14
7	Per Olav Nærestad	IF Trauma		<b>54:35</b>	11:52	12:20
8	Oluf Bøckman	Kristiansand OK		<b>57:39</b>	14:56	13:01
9	Kent Lodberg	OK Pan		<b>58:02</b>	15:19	13:06
10	Per Eg Pedersen	Kolding OK		<b>1:00:24</b>	17:41	13:38
11	Tore Voss Fagervold	Asker Skiklubb		<b>1:01:40</b>	18:57	13:56
12	Jan Glittum	OK Skeidi		<b>1:01:58</b>	19:15	14:00
13	Allan Hougaard	1900 Orientering		<b>1:02:00</b>	19:17	14:00
14	Helge Lang Pedersen	Farum OK		<b>1:03:19</b>	20:36	14:18
15	Åsmund Kleven	OK Skeidi		<b>1:05:02</b>	22:19	14:41
16	Niels Nygaard Jensen	OK Snab		<b>1:05:04</b>	22:21	14:42
17	Jan Hauerslev	OK Pan		<b>1:08:08</b>	25:25	15:23
18	Arne Fossheim	Asker Skiklubb		<b>1:08:38</b>	25:55	15:30
19	Jens Ozol	Silkeborg OK		<b>1:09:04</b>	26:21	15:36
20	Brian Knudsen	OK Snab		<b>1:09:23</b>	26:40	15:40
21	Tor Lahlum	Nordre Follo Orientering		<b>1:09:44</b>	27:01	15:45
22	Per W. Torgersen	Oddersjaa SSK		<b>1:10:59</b>	28:16	16:02
23	Lennart Bo Kristiansen	Viborg OK		<b>1:12:41</b>	29:58	16:25
24	Harald Omland	Skien OK		<b>1:14:28</b>	31:45	16:49
25	Jon Lahlum	IL GeoForm		<b>1:17:10</b>	34:27	17:26

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H60-A</b>		<b>4,425 KM</b>				
26	Sten Skytte Kirkegaard	THOK		<b>1:18:53</b>	36:10	17:49
27	Michael Termansen	OK Syd		<b>1:18:55</b>	36:12	17:50
28	Geir Bråten	Vegårshei IL		<b>1:20:15</b>	37:32	18:08
29	Jes Aage Henning	Kolding OK		<b>1:21:15</b>	38:32	18:21
30	Klaus Wolsing	Mariager Fjord OK		<b>1:24:20</b>	41:37	19:03
31	Roy Birkeland	Søgne og Songdalen ok		<b>1:25:50</b>	43:07	19:23
32	Carl Henrik Pedersen	Mariager Fjord OK		<b>1:28:50</b>	46:07	20:04
33	Peder Stephansen	OK Esbjerg		<b>1:37:33</b>	54:50	22:02
34	Anker Møller	Silkeborg OK		<b>1:45:21</b>	1:02:38	23:48
35	Ove Petersen	OK Syd		<b>1:51:09</b>	1:08:26	25:07
36	Villy Kjeldsen	OK Snab		<b>1:58:10</b>	1:15:27	26:42
37	Lars Humle	AKIF		<b>1:59:25</b>	1:16:42	26:59
DSQ	Lars Ozol	Silkeborg OK		<b>1:35:41</b>		DSQ Missed 139
Antall	38	Påmeldte: 40	Startende: 38	Ant. poster 12		

<b>H65-A</b>		<b>4,1 KM</b>				
1	Erik Bobach	Silkeborg OK		<b>45:54</b>		11:11
2	Per Filskov	OK Snab		<b>51:18</b>	05:24	12:30
3	Arve Glittum	OK Skeidi		<b>52:21</b>	06:27	12:46
4	Søren Germann	OK GORM		<b>56:03</b>	10:09	13:40
5	John Hansen	Kristiansand OK		<b>57:03</b>	11:09	13:54
6	Erik Krogh	Kolding OK		<b>59:53</b>	13:59	14:36
7	Gregers Jørgensen	Ballerup OK		<b>1:01:47</b>	15:53	15:04
8	Mogens Vennevold	Vestjysk		<b>1:03:03</b>	17:09	15:22
9	Bruno Stub	PI-København		<b>1:03:48</b>	17:54	15:33
10	Kristen Ribe	Søgne og Songdalen ok		<b>1:03:55</b>	18:01	15:35
11	Jens Børsting	Silkeborg OK		<b>1:05:32</b>	19:38	15:59
12	Øystein Dybesland	Søgne og Songdalen ok		<b>1:07:42</b>	21:48	16:30
13	Michael Straube	Horsens OK		<b>1:08:00</b>	22:06	16:35
14	Kim Kongstad	Odense OK		<b>1:09:12</b>	23:18	16:52
15	Ole Bernth Jensen	Nordvest OK		<b>1:09:33</b>	23:39	16:57
16	Rune Laurantsen	Skien OK		<b>1:10:06</b>	24:12	17:05
17	Jan Morten Andersen	IF Sturla		<b>1:10:30</b>	24:36	17:11
18	Karl Aasmund Erøy	OK Moss		<b>1:10:46</b>	24:52	17:15
19	Søren Sløth	FIF Hillerød		<b>1:11:54</b>	26:00	17:32
20	Christopher Schive	OK Moss		<b>1:12:28</b>	26:34	17:40
21	Bo Konring	Søllerød OK		<b>1:13:28</b>	27:34	17:55
22	Per Korsbæk	Mariager Fjord OK		<b>1:15:17</b>	29:23	18:21
23	Ole Jensen	Mariager Fjord OK		<b>1:15:40</b>	29:46	18:27
24	Ivar Kvale	Haugesund Idrettslag		<b>1:16:07</b>	30:13	18:33
25	Søren Maarup	Allerød OK		<b>1:16:13</b>	30:19	18:35
26	Carsten Helligsø	Karup OK		<b>1:16:59</b>	31:05	18:46
27	Frank Krog Jensen	Horsens OK		<b>1:17:10</b>	31:16	18:49
28	Søren Klingenberg	Faaborg OK		<b>1:19:12</b>	33:18	19:19
29	Mogens Henriksen	Silkeborg OK		<b>1:21:41</b>	35:47	19:55
30	Torben Karlshøj	Nordvest OK		<b>1:23:45</b>	37:51	20:25
31	Niels la Cour Bentzon	Søllerød OK		<b>1:27:41</b>	41:47	21:23
32	Ole Gjøderum	1900 Orientering		<b>1:27:53</b>	41:59	21:26
33	Kjell Skjæveland	Stavanger		<b>1:30:38</b>	44:44	22:06
34	John Hofoss	Hadeland OL		<b>1:35:48</b>	49:54	23:21
35	Tron Solberg	OK Esbjerg		<b>1:36:28</b>	50:34	23:31

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H65-A</b>		<b>4,1 KM</b>				
36	Christian Christiansen	OK Syd		<b>1:43:50</b>	57:56	25:19
37	Hans Jørgen Vad	Horsens OK		<b>1:46:51</b>	1:00:57	26:03
38	Tommy Jakobsen	Horsens OK		<b>1:47:40</b>	1:01:46	26:15
39	Svend Erik Skovsgaard	Viborg OK		<b>1:49:04</b>	1:03:10	26:36
40	Erling Trankjær	HOK		<b>1:49:13</b>	1:03:19	26:38
41	Kjeld Tidemand	Viborg OK		<b>1:57:33</b>	1:11:39	28:40
42	Torben Sørensen	Horsens OK		<b>2:01:39</b>	1:15:45	29:40
DSQ	Stein Jarle Helgeland	Haugesund Idrettslag		<b>1:02:17</b>		DSQ250 for 168
DSQ	Lars Edenbrandt	Malmö OK		<b>1:16:04</b>		DSQ Missed 165
DSQ	Inge Glittum	OK Skeidi		<b>1:24:28</b>		DSQ100 for 168
DSQ	Bjørn Stormoen	Birkene s IL		<b>1:37:27</b>		DSQ Missed 152
DSQ	Hans Nissen Jochumsen	OK Esbjerg		<b>1:42:28</b>		DSQ100 for 165
Antall	47	Påmeldte: 48	Startende: 47	Ant. poster 11		

<b>H70-A</b>		<b>3,6 KM</b>				
1	Tom A. Karlsen	Fredrikstad Skiklubb		<b>40:35</b>		11:16
2	Keld Gade	Viborg OK		<b>50:51</b>	10:16	14:07
3	Dagfinn Torpe	Porsgrunn OL		<b>52:00</b>	11:25	14:26
4	Kaj Kaspersen	Herning OK		<b>52:23</b>	11:48	14:33
5	Kjell Walter Sørensen	OK Vendelboerne		<b>54:25</b>	13:50	15:06
6	Reidar Heivoll	Søgne og Songdalen ok		<b>57:23</b>	16:48	15:56
7	Vidar Elvekrok	Eiker o-lag		<b>1:01:48</b>	21:13	17:10
8	Harald Hovi	Skien OK		<b>1:03:53</b>	23:18	17:44
9	Petter F. Johanne ssen	IF Sturla		<b>1:04:27</b>	23:52	17:54
10	Wigard Nilsen	Haugesund Idrettslag		<b>1:05:00</b>	24:25	18:03
11	Jørgen Jørgensen	Silkeborg OK		<b>1:05:31</b>	24:56	18:11
12	Peter Sørensen	PI-København		<b>1:05:34</b>	24:59	18:12
13	Peer Straarup	Horsens OK		<b>1:07:49</b>	27:14	18:50
14	Varny Vestergaard	Vestjysk		<b>1:09:44</b>	29:09	19:22
15	Stig Barrett	Viborg OK		<b>1:12:43</b>	32:08	20:11
16	Magne Vollen	Oslostudentene s		<b>1:14:25</b>	33:50	20:40
17	Kurt Finn Petersen	Fyns PI		<b>1:14:55</b>	34:20	20:48
18	Helge Poulsen	Mariager Fjord OK		<b>1:16:50</b>	36:15	21:20
19	Jørn H. Klausen	OK Syd		<b>1:17:43</b>	37:08	21:35
20	Hans Møller	Nordvest OK		<b>1:18:59</b>	38:24	21:56
21	Magnar Sætre	Haugesund Idrettslag		<b>1:20:47</b>	40:12	22:26
22	Frode Mogensen	Mariager Fjord OK		<b>1:24:39</b>	44:04	23:30
23	Rolf Lunde	Eiker o-lag		<b>1:27:13</b>	46:38	24:13
24	Jens Peter Gundorf	OK ØST Birkerød		<b>1:28:34</b>	47:59	24:36
25	Knud Jespersen	OK Snab		<b>1:30:24</b>	49:49	25:06
26	Jacob Madsen	OK Vendelboerne		<b>1:31:19</b>	50:44	25:21
27	Erling Haavik	Haugesund Idrettslag		<b>1:33:01</b>	52:26	25:50
28	Troels Munthe	Mariager Fjord OK		<b>1:34:41</b>	54:06	26:18
29	Torben Rasmussen	Odense OK		<b>1:35:32</b>	54:57	26:32
30	Gerhard Jensen	Odense OK		<b>1:38:05</b>	57:30	27:14
31	Max Prang	Fredensborg OK		<b>1:38:40</b>	58:05	27:24
32	Jan Kristoffersen	Ballerup OK		<b>1:41:07</b>	1:00:32	28:05
33	Ove Oaland	Ganddal IL		<b>1:48:53</b>	1:08:18	30:14
34	Kim Topp	Randers OK		<b>1:56:14</b>	1:15:39	32:17
35	Poul Egander Grøn	Silkeborg OK		<b>2:00:01</b>	1:19:26	33:20
36	Jørn Blom	Mariager Fjord OK		<b>2:09:18</b>	1:28:43	35:55

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Plass	Navn	Klubb	Distrikt	Tid	Etter Km-tid
<b>H70-A</b>		<b>3,6 KM</b>			
ØSQ	Jørgen Bang	OK Esbjerg		1:20:58	250 for 115
DSQ	Per Storm Hansen	Svendborg OK		1:21:06	DSQ250 for 229
DSQ	Lars Johan Milje	Haugesund Idrettslag		1:25:43	DSQ250 for 229
DSQ	Bjarne Christensen	Silkeborg OK		1:39:39	DSQ Missed 115
DSQ	Øyvind Gylver	Heggedal Orientering		1:48:36	DSQ250 for 234
DSQ	Søren Munthe	Mariager Fjord OK		1:49:12	DSQ Missed 136
DSQ	Olaf Christensen	1900 Orientering		2:18:22	DSQ Missed 136
Antall	43	Påmeldte: 48	Startende: 43	Ant. poster 13	

<b>H75-A</b>		<b>3,2 KM</b>			
1	Jørgen Münster-Swendsen	Silkeborg OK		42:07	13:09
2	Jens Jørgen Jensen	Herning OK		44:46	02:39 13:59
3	Knud Fjordvald	Silkeborg OK		44:59	02:52 14:03
4	Finn Ole Jørgensen	IK Grane Arendal		45:28	03:21 14:12
5	Hans Aage Hvalsøe Hansen	Fyns PI		45:49	03:42 14:19
6	Hans Christian Strib	OK GORM		46:06	03:59 14:24
7	Poul Erik Buch	OK GORM		47:07	05:00 14:43
8	Erik Damgaard	Fyns PI		47:19	05:12 14:47
9	Claus Faber	Silkeborg OK		49:37	07:30 15:30
10	Torben Isen	Herning OK		51:10	09:03 15:59
11	Karsten Richardt	Køge OK		51:20	09:13 16:02
12	Erik Ljungdahl	Faaborg OK		57:19	15:12 17:54
13	Hans Jacob Kløvstad	IL Express		58:47	16:40 18:22
14	Carl Malling	Randers OK		59:09	17:02 18:29
15	Ronnie McGrail	Søllerød OK		1:00:36	18:29 18:56
16	Ole Thy	RSOK		1:01:04	18:57 19:05
17	Eigil Nielsen	Horsens OK		1:01:19	19:12 19:09
18	Gunnar Dag Tørå	IK Grane Arendal		1:01:25	19:18 19:11
19	Max Hansen	OK Djurs		1:05:43	23:36 20:32
20	Atle Remme	Porsgrunn OL		1:06:06	23:59 20:39
21	Troels Jensen	Horsens OK		1:06:56	24:49 20:55
22	Børge Pedersen	Odense OK		1:08:38	26:31 21:26
23	Chris Krogh	1900 Orientering		1:10:02	27:55 21:53
24	Flemming Sasser	Herning OK		1:10:21	28:14 21:59
25	Lars-Ole Kopp Jensen	Karup OK		1:11:51	29:44 22:27
26	Niels Rabølle	Odense OK		1:14:06	31:59 23:09
27	Per Oscar Saugestad	OK Moss		1:15:05	32:58 23:27
28	Ole Christiansen	AKIF		1:18:09	36:02 24:25
29	Widar Taxth Løland	Hisøy Orienteringsklubb		1:23:41	41:34 26:09
30	Henning Vide Petersen	Horsens OK		1:34:04	51:57 29:23
31	Knud Vogelius	Silkeborg OK		1:43:13	1:01:06 32:15
32	Jan Olav Ormberg	Fana IL Bergen		1:48:22	1:06:15 33:51
DSQ	Bjoern H. Ceeberg	Hedrum Orienteringslag		45:48	DSQ
DSQ	Finn Jørgensen Aaris	OK H.T.F.		1:06:28	DSQ Missed 134
DSQ	Niels Landsperg	THOK		1:37:57	DSQ Missed 134
DSQ	Dag Pettersen	IL Express		1:54:26	DSQ Missed 160
Antall	36	Påmeldte: 36	Startende: 36	Ant. poster 11	

<b>H80-A</b>		<b>2,6 KM</b>			
1	Flemming Nørgaard	OK Pan		43:31	16:44



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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>H80-A</b>		<b>2,6 KM</b>				
2	Poul Nøhr	Silkeborg OK		<b>52:17</b>	08:46	20:06
3	Ole F. Thomsen	OK Vendelboerne		<b>53:40</b>	10:09	20:38
4	Ove Splittorff	Svendborg OK		<b>56:56</b>	13:25	21:53
5	Jack Skrydstrup	Kolding OK		<b>59:27</b>	15:56	22:51
6	Bjørn W. Ludvigsen	IF Sturla		<b>1:07:03</b>	23:32	25:47
7	Bent Sørensen	Svendborg OK		<b>1:14:10</b>	30:39	28:31
8	Erik Anders Jensen	Silkeborg OK		<b>1:25:06</b>	41:35	32:43
9	Finn Hørup Nielsen	OK Vendelboerne		<b>1:27:28</b>	43:57	33:38
10	Ole Rasmussen	Køge OK		<b>1:38:23</b>	54:52	37:50
11	Jørgen Thyssen	Horsens OK		<b>1:40:44</b>	57:13	38:44
12	Palle Møller Nielsen	Odense OK		<b>1:53:11</b>	1:09:40	43:31
13	Knut Lindløv	OK Moss		<b>1:57:41</b>	1:14:10	45:15
14	Hans Jørgen Simonsen	OK Pan		<b>2:09:47</b>	1:26:16	49:55
DSQ	Per Kruke	Eiker o-lag				DSQ Missed 136
DSQ	Øystein Bedford Pedersen	IL Express		<b>17:26</b>		DSQ
Antall	16	Påmeldte: 17	Startende: 16	Ant. poster 11		
<b>H85-A</b>		<b>1,775 KM</b>				
1	Knud Sørensen	OK Pan		<b>31:59</b>		18:01
2	Asger Kristensen	Herning OK		<b>43:26</b>	11:27	24:28
3	Herluf Jensen	Svendborg OK		<b>58:13</b>	26:14	32:47
4	Vagn Lidegaard	Mariager Fjord OK		<b>1:16:42</b>	44:43	43:12
Antall	4	Påmeldte: 4	Startende: 4	Ant. poster 8		
<b>Åben1</b>		<b>5,775 KM</b>				
1	Rasmus Thrane Hansen	Silkeborg OK		<b>42:44</b>		07:23
2	Jonas Munthe	Flatastøylsvingens		<b>47:38</b>	04:54	08:14
3	Rasmus Djurhuus	OK Pan		<b>48:18</b>	05:34	08:21
4	Emma Klingenberg	Silkeborg OK		<b>52:32</b>	09:48	09:05
5	Anneke Hald Bjørgum	Flatastøylsvingens		<b>1:05:12</b>	22:28	11:17
6	Simon L.J. Kristensen	Faaborg OK		<b>1:06:28</b>	23:44	11:30
7	Mads Simonsen	1900 Orientering		<b>1:17:57</b>	35:13	13:29
8	Pernille Spangsberg	Odense OK		<b>1:24:33</b>	41:49	14:38
9	Dag Ausen	Porsgrunn OL		<b>1:25:03</b>	42:19	14:43
10	Henrik Eriksson	NOTEAM		<b>1:26:31</b>	43:47	14:58
11	Henrik Ozol	Viborg OK		<b>1:31:12</b>	48:28	15:47
12	Søren Dall	OK H.T.F.		<b>1:35:55</b>	53:11	16:36
13	Siff Hagen	1900 Orientering		<b>1:40:37</b>	57:53	17:25
14	Anna Brodin	NOTEAM		<b>1:48:02</b>	1:05:18	18:42
15	Mette Ozol	OK Snab		<b>1:50:49</b>	1:08:05	19:11
16	Maria Hallberg	Horsens OK		<b>2:12:38</b>	1:29:54	22:58
DSQ	Andreas Olesen	PI-København		<b>50:53</b>		DSQ
DSQ	Rune Erland	Alt er OK		<b>1:09:47</b>		DSQ Missed 135
DSQ	Steffan Laier	Individuals/No club		<b>1:35:10</b>		DSQ Missed 227
Antall	19	Påmeldte: 19	Startende: 19	Ant. poster 15		
<b>Åben2</b>		<b>2,875 KM</b>				
1	Mogens Hagner	Silkeborg OK		<b>40:39</b>		14:08
2	Søren Elkjær	Viborg OK		<b>41:52</b>	01:13	14:33

# Resultatliste

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>Åben2</b>		<b>2,875 KM</b>				
3	Rikke Fenger-Grøn	OK Snab		<b>45:27</b>	04:48	15:48
4	Thorbjørn Værp	Kristiansand OK		<b>45:43</b>	05:04	15:54
5	Dorthe Rosenvinge	OK Snab		<b>56:14</b>	15:35	19:33
6	Kaia Lie	OK Moss		<b>56:16</b>	15:37	19:34
7	Henrik Simmelkjær	OK Snab		<b>1:05:57</b>	25:18	22:56
DNF	Anette Uzol	NOTEAM				
DSQ	Siri Birkene s	Birkene s IL		<b>43:28</b>		DSQ
DSQ	Torben Borg Kristensen	NOTEAM		<b>1:13:24</b>		DSQ Missed 172
DSQ	Nils Karsten Ceeberg	Andebu IL				DSQ
Antall	11	Påmeldte: 11	Startende: 11		Ant. poster 11	
<b>Åben3</b>		<b>3,65 KM</b>				
1	Ole Kroken	IF Sturla		<b>37:04</b>		10:09
2	Anders Omholt	Porsgrunn OL		<b>38:29</b>	01:25	10:32
3	Katrine Johansen	NOTEAM		<b>38:57</b>	01:53	10:40
4	Ane Ribe	Søgne og Songdalen ok		<b>39:22</b>	02:18	10:47
5	Jarle Fykerud	Porsgrunn OL		<b>42:15</b>	05:11	11:34
6	Ole Gjerstad	IF Sturla		<b>44:14</b>	07:10	12:07
7	Anders Franche	Porsgrunn OL		<b>46:38</b>	09:34	12:46
8	Nis Skau	OK H.T.F.		<b>48:08</b>	11:04	13:11
9	Silje Berge	Sandne s IL - Rogaland		<b>49:59</b>	12:55	13:41
10	Linn - Carina Daland	Kristiansand OK		<b>54:06</b>	17:02	14:49
11	Marianne Touru	Superhood OK		<b>57:04</b>	20:00	15:38
12	Thor Skammelsen	OK Pan		<b>58:13</b>	21:09	15:56
13	Morten Jensen	NOTEAM		<b>59:25</b>	22:21	16:16
14	Daniel Raugland	IF Sturla		<b>1:04:09</b>	27:05	17:34
15	Helene Omholt	Porsgrunn OL		<b>1:05:35</b>	28:31	17:58
16	Ivan Heiko	NOTEAM		<b>1:07:25</b>	30:21	18:28
17	Christer Lund	IF Sturla		<b>1:08:31</b>	31:27	18:46
18	Anne Kristin Stedjan-Sundin	Torridal il		<b>1:08:32</b>	31:28	18:46
19	Helmut Hilden	Randers OK		<b>1:09:24</b>	32:20	19:00
20	Niels Ozol	Alt er OK		<b>1:13:01</b>	35:57	20:00
21	Ragnhild Skagestad	Porsgrunn OL		<b>1:16:51</b>	39:47	21:03
22	Bahar Bingol	NOTEAM		<b>1:25:35</b>	48:31	23:26
23	Bjørge Elin Levang	Sandne s IL - Rogaland		<b>1:31:13</b>	54:09	24:59
24	Janne Frantzen	Sandne s IL - Rogaland		<b>1:39:58</b>	1:02:54	27:23
25	Maiken Meihack	Sandne s IL - Rogaland		<b>1:41:36</b>	1:04:32	27:50
26	Trond Ceeberg	Andebu IL		<b>1:44:50</b>	1:07:46	28:43
DSQ	Frantz Johan Agerbo	Birkene s IL		<b>30:37</b>		DSQ Missed 230
DSQ	Ida Lindberg	NOTEAM		<b>51:08</b>		DSQ
DSQ	Emma Eline Elvekrok	Eiker o-lag		<b>56:47</b>		DSQ250 for 197
DSQ	Tonje Elvekrok	Eiker o-lag		<b>56:49</b>		DSQ250 for 197
DSQ	Guro Myhre	Sandne s IL - Rogaland		<b>1:22:55</b>		DSQ250 for 195
Antall	31	Påmeldte: 32	Startende: 31		Ant. poster 14	
<b>Åben4</b>		<b>2,875 KM</b>				
1	Morten Jondahl	Porsgrunn OL		<b>18:45</b>		06:31
2	Ina Baksaas	Porsgrunn OL		<b>28:26</b>	09:41	09:53
3	Terje Gulliksen	Eiker o-lag		<b>28:57</b>	10:12	10:04
4	Siri Øksendal	Sandne s IL - Rogaland		<b>29:02</b>	10:17	10:05

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Plass	Navn	Klubb	Distrikt	Tid	Etter	Km-tid
<b>Åben4</b>		<b>2,875 KM</b>				
5	Vivian Bergum	Porsgrunn OL		<b>29:26</b>	10:41	10:14
6	Stig Morten Andersen	Sandne s IL - Rogaland		<b>32:39</b>	13:54	11:21
7	Tone -regine Sauve	IF Sturla		<b>38:08</b>	19:23	13:15
8	Marianne Kvernmoen	Eiker o-lag		<b>41:29</b>	22:44	14:25
9	Ewelina Uscinska-Chojnacka	Sandne s IL - Rogaland		<b>41:40</b>	22:55	14:29
10	Birgitte Aagaard	Alt er OK		<b>45:58</b>	27:13	15:59
11	Ellen Sofie Ruud	Eiker o-lag		<b>48:48</b>	30:03	16:58
12	Derek Bjølgerud	Notodden o-lag		<b>50:43</b>	31:58	17:38
DSQ	Atle Sjølyst-Kverne land	Sandne s IL - Rogaland		<b>-14:00:00</b>		DSQ Missed 205
DSQ	Birk Skogen	Notodden o-lag				DSQ
Antall	14	Påmeldte: 14	Startende: 14		Ant. poster 12	
<b>Åben5</b>		<b>2,075 KM</b>				
1	Wilmer Ribe Nerland	Søgne og Songdalen ok		<b>20:30</b>		09:52
2	Pia Sofie Ribe Nerland	Søgne og Songdalen ok		<b>23:59</b>	03:29	11:33
3	Marte Edquist Skedsmo	OK Moss		<b>32:19</b>	11:49	15:34
4	Inge K. Kristoffersen	Ballerup OK		<b>36:04</b>	15:34	17:22
5	Annamarie Kuml	OK Syd		<b>39:15</b>	18:45	18:54
DSQ	Tobias Elinder	NOTEAM		<b>2:00:39</b>		DSQ Missed 217
Antall	6	Påmeldte: 6	Startende: 6		Ant. poster 9	